The Inflight Magazine of EVA Air

Oyage Oyage

TAIWAN'S

INDEPENDENT BOOKSTAKES





07-09



HOTOGRAPHY: EVA

Welcome Aboard

Thank You for Choosing to Fly with EVA Air. 歡迎登機,長榮航空由衷感謝您的搭乘。



EVA Air has once again been recognized by leading air transport rating organization SKYTRAX as a five-star airline, the only airline in Taiwan to receive this distinction. It marks the ninth consecutive year that EVA Air has been recognized with the honor. We extend our gratitude to our employees and partners for their hard work and to our passengers for their long-term support and encouragement. We will continue to improve our services to ensure your travel experiences are both safe and enjoyable.

長榮航空於日前再次獲得知名航空服務調查機構SKYTRAX 評鑑為五星級航空公司,是台灣唯一獲得此項認證的航空公司,也是自2016年來連續第9年獲得這個殊榮,感謝全體員 工與合作夥伴的努力,以及全球旅客長期以來的支持與鼓 勵,我們將持續精進各項軟硬體服務,陪伴您安心愉悅飛往 目的地。 At the same time, EVA Air was ranked among the top 5% of companies in the Corporate Governance Evaluation for TWSE/TPEx Listed Companies. Again, EVA Air was the only airline in Taiwan to receive this honor. We believe that excellent governance is the foundation of sustainable business operations, and continually strive to protect stakeholders' interests, enhance the effectiveness of the Board of Directors, and disclose accurate and timely information, ensuring a sustainable development strategy.

EVA Air is continuously evolving, introducing innovative new services to share with passengers. Beginning July 1, we are delighted to announce a collaboration with Kanpai Group to present delicious inflight meals made with the finest Wagyu beef. These dishes will be served in all classes on flights from Taipei to Los Angeles, San Francisco, Seattle, and New York.

此外,長榮航空也於近日榮獲臺灣證券交易所及證券櫃檯 買賣中心共同舉辦的第10屆「上市上櫃企業公司治理評 鑑」前5%殊榮,為台灣唯一獲選之航空公司。我們深信 優良完善的公司治理是企業永續經營的基石,持續致力於 維護股東權益、提升董事會職能及資訊揭露之正確性與即 時性等面向,確保永續發展策略之執行。

與此同時,長榮航空持續進化服務,將各式美好帶上飛機,與所有旅客分享。自7月1日起,我們很高興與乾杯集團展開合作,共同設計機上和牛餐點,提供於台北飛往洛杉磯、舊金山、西雅圖、紐約航線全艙等,邀請您與我們一起在美味中展開愉快的旅程。

Clay Sun President, EVA Air 茲毒明

長榮航空公司總經理

Cover Story

Inside Taiwan's Independent Bookstores Part 1 閱覽獨立書店風景 一

54

In recent years, independent bookstores have been springing up all over Taiwan, representing a part of the island's cultural landscape.

台灣近年獨立書店群起林立,

成為現今不容忽視的一道文化風景。

Features

48 Hours in Tokyo 48小時暢玩東京

Blazing a Trail - Coast to Coast Across 34 the USA 橫貫東西岸的美國大鐵路步道

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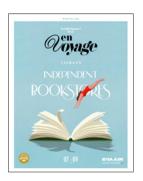
New Directions 生活尖端

台灣魅力

Cutting Edge 設計前線

5 Summer Island Getaways 五大島嶼尋幽享夏趣

An Encounter with Taiwan's Indigenous Tea 台湾原生の茶と出合う ――台灣山茶



En voyage is French for "traveling." 源自法文En Voyage,意思為「旅 行中」。

PHOTOGRAPHY: GETTY IMAGES

TAKING **FLIGHT**

EVA News 68 長榮剪影

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Evergreen Hotels News 長榮酒店新訊

EVA Air's Comprehensive Online Services 長榮航空多元網路服務

> **Essential Information** 機上須知

> > Route Maps 飛航路線圖

EVA Air Services at Taiwan's Airports 長榮航空於

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EVA Air 88 Overseas Destinations 長榮航空 國際航點距離與時間表

EVA Air Themed Jets 長榮航空彩繪機家族

> Fleet Facts 機隊介紹

JULY -SEPTEMBER



International and local teams gather in Sanur to participate in kite-flying contests and show off the latest, most creative kite designs.

來自全球各地的團隊聚集在 峇里島,進行風箏比賽,及 展示最新、最具創意的風箏 設計。



JUL. 0,1

03 AUG.

SINGAPORE 新加坡

SINGAPORE GARDEN FESTIVAL

新加坡花園節
sgf.nparks.gov.sg/

Award-winning floral artists and landscape designers team up to create fantasy and themed gardens at Suntec Singapore.

屢獲得獎殊榮的花藝師與景 觀設計師一起將新加坡新達 城打造為夢幻的主題花園。





WORLD'S TOP 10 AIRLINES









2025.5.17-30
TAKE ON THE CHALLENGE WITH THE WORLD







WORLD MASTERS GAMES



Register as an Individual, each participant can register up to 7 events under 3 sport categories. ery* Target Archery Judo* Judo

Archery*	Target Archery	
Athletics*	Track and Field Road Race	
Aquatics*	Swimming Diving Water Polo Open Water	
Badminton'	 Badminton 	
Baseball & Softball	Baseball Softball Slow Pitch Softball	
Basketball*	Basketball 3 vs 3 Basketball	
Boules	Pétanque	
Canoe	Sprint Slalom Canoe Polo Marathon Dragon Boat	
Cycling	Road Race Track Race	
Dancesport	Standard Latin	
Fencing	Epee	
Flying Disc	Ultimate Disc Golf	
Football	11-a-side Football	
Golf	Golf	
Handball	Handball	
Hockey	11-a-side Hockey	

Judo*	Judo		
Karate	Kata Kumite		
Lifesaving	Surf Lifesaving		
Orienteering	Sprint Middle Distance		
Rowing	Rowing		
Rugby	15-a-side Rugby		
Sailing	Sailing Windsurfing		
Shooting*	Clay Target Pistol, Rifle		
Squash	Squash		
Surfing	Surfing		
Table Tennis	Table Tennis		
Taekwondo	Sparring Poomsae		
Tennis*	Tennis		
Triathlon	Aquathlon Triathlon		
Tug of War	Indoor Outdoor		
Volleyball	Indoor Volleyball Beach Volleyball		
Weightlifting	Weightlifting		
Gateball	Gateball		
Woodball	Woodball		
	*Including Para Sports		



TEXT: MORIS LIN ADD: WATER ST, MANCHESTER M3 4JQ, UK TEL: +44 (0)161 817 4531

用行動 突破未來的高度

持續向上,是堅持,是信念, 更是榮獲高度的肯定! 國泰以突破的行動力,茁壯獲獎實力 制高奪冠,以行動創未來。 未來,才能更有高度。

The Asset 最佳綠色專案 融資獎

IDC 未來企業大獎 Asian Private Banker 台灣最佳 私人銀行獎

MASARYČKA PRAGUE

布拉格 全新地標 Masaryčka Prague masarycka.com Prague is undergoing an urban transformation. Zaha Hadid Architects is developing the Masaryčka office building and commercial center, and a new plaza will be constructed atop Masaryk railway station.

Zaha Hadid建築事務所於布 拉格市中心打造Masaryčka 辦公大樓和商業中心,同時 在Masaryk火車站上方建立 新的廣場,迎接到訪布拉格 的旅客。



One_{Stop},





IRVING PENN @ DE YOUNG MUSEUM

20世紀 傳奇攝影大師 回顧展

famsf.org/exhibitions/ irving-penn Irving Penn, a maestro of 20th-century photography, achieved international fame with his precise and elegant style. Collaborating with Vogue for over 50 years, Penn transformed the post-war aesthetics of fashion photography. San Francisco's de Young Museum is hosting a retrospective exhibition, showcasing 175 works from all periods of his career.



Irving Penn身為20世紀的影像美學大師,與《Vogue》雜誌合作超過半個世紀,徹底改變了二次世界大戰後的時尚攝影美學。舊金山de Young Museum現正舉辦Irving Penn影像回顧展,展出約175件珍貴的攝影作品。



O: IRVINIG PENN × DE YOUNG MUSEUM COLDEN GAITE PARK, 50 HAGIWARA TEA GARDEN DRIVE, SAN FRANCISCO, CA 94118, USA +1 415-756-3600



國泰世華銀行 EVAAIR 長榮航空 🏄





國泰世華長榮航空聯名卡

啟程,累積豐厚人生

新戶首刷最優刷 NT\$50,000享 50,000哩

最優10元1哩	尊榮升等	最優9折起	最高減碼0.035
購票及指定消費	25,000哩兌換	長榮官網購票	新台幣兌換美元

注意事項: 1.以上活動期間至2024.12.31(25,000哩升等槽遇活動期間詳參國泰世辈銀行網站)。2.各項活動回饋與使用時須持有效國泰世華長榮航空 聯名卡正卡且已繳交全額年費。3.所有活動皆有條件限制,部分活動限指定卡別。4.活動最終詳細內容及限制依國泰世華銀行網站公告為準。活動期間 倘因不可歸責於國泰世華銀行之事由,國泰世華銀行得變更或終止活動,並於國泰世華銀行網站公告。





Δ

Capsule Coffee Machine

環保膠囊咖啡機

CoffeeB is an eco-friendly capsule coffee machine developed by Café Royal. The coffee capsules are made from plant fiber.

由Café Royal開發的 CoffeeB,咖啡機主體由回 收塑膠製成,膠囊則是以可 被土壤自然分解的植物纖維 為材質,能迅速、安靜且省 電地沖泡咖啡。

coffeeb.com

В

Crackle Circular Vase

裂紋造型花瓶

This vase by Kosta Boda is made of recycled glass. Its organic design features unique irregular cracks on the surface.

由瑞典Kosta Boda出品的 Crackle Circular Vase以廢棄 玻璃製成,瓶身造型傳承自 古老的口吹玻璃工藝,展現 近似凍結冰晶的視覺效果。

kostaboda.com/crackle-vas-270mm

C

Sustainable Task Chair

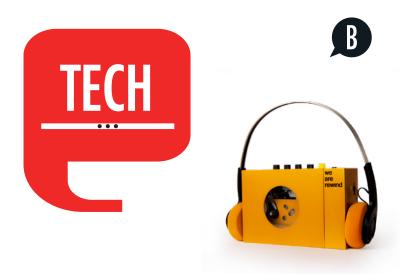
永續生態材質辦公椅

Dutch architectural firm UNStudio and office furniture brand Ahrend introduce the ergonomic Remode chair. Its back is made from recycled polyester fiber.

荷蘭UNStudio與Ahrend設計的辦公椅Remode,椅座和椅背為回收聚酯纖維製成的強力支撐織物,可減輕脊椎壓力。

unstudio.com/en/page/17871/unstudio-teams-up-with-ahrend-to-create-most-sustainable-task-chair







Α

Educational Robot Kit

教學機器人套組

Suitable for kids over 10, Onebot combines model building with STEAM. The numerous components can be assembled into multifunctional robots.

適合10歲以上兒童操作的 教學機器人套組Onebot, 將組裝模型的樂趣與 STEAM跨學科學習融為一 體,可以組裝出具有複雜 機械運作功能的機器人。

onebot.us

В

Portable Cassette Player

藍牙卡式錄音機

We Are Rewind and ORA introduce the Bluetooth portable cassette player with rechargeable lithium battery and 12-hour playback time.

We Are Rewind與ORA合作 推出具有錄音功能的手提卡 式錄音機,內建藍牙系統, 可即時連接耳機或無線揚聲 器。充電鋰電池能連續播放 長達12小時。

wearerewind.com

C

Foldable E-Bike

可摺疊式電動自行車

Gocycle introduces the latest CXi, weighing only 23kg. The aerodynamic frame, made of composite material, can carry a load of 220kg.

Gocycle推出最新車型CXi, 重量僅23公斤,車架設計源 自受F1啟發的硬殼式底盤, 採用高科技複合材料打造而 成,可載重220公斤。

gocycle.com/gocycle-fc



in Macau

Summer's here at last, and with tourism making a healthy rebound there's never been a better time to venture into Macau for the holiday season whether it's your first time or your tenth. Overflowing with attractions, visitors will be entranced by the architecture, fusion food and street snacks. Macau is a destination at once familiar yet uniquely different. The best of both worlds is here, from rural villages and centuries-old landmarks to ultra-modern nightclubs: come and soak up this jewel of the Pearl River Delta.

- Go shopping at local markets Make like a local at Rua de Tercena, and find everything from crockery to paintings. In Taipa on a Sunday, Bombeiros Square's flea market sells traditional crafts and souvenirs, accompanied by shows and music. San Domingo Market is another bargain hunter's dream; and try the vintage night market at Rua de Cinco de Outobro.
- Be wowed by the gardens Even in tiny Macau there's space for beauty spots. Visit Lou Lim leoc Garden, modelled on Suzhou's classical gardens, the gorgeous Luis de Camoes Garden and Carmel Garden in Taipa.
- A day in the country Once a bustling port packed with boats, Coloane Fishing Village is now a serene spot, with its winding alleyways, old temples and small squares, and the Chapel of St Francis Xavier as its stunning centrepiece.
- Visit Taipa Village: Old Portugal Taipa's enchanting village is full of multicoloured shophouses, cobblestone squares, elegant lamps and Catholic churches, transporting you to another place and time. Head to the Taipa Houses-Museum, a row of jade-green residences on Avenida da Praia. Portuguese folk dancers twirl in Bombeiros Square, where fado music drifts from cafés.
- Be chamed by St Lazarus Known for its cobblestone alleyways with swirling designs and mosaics, Sao Lazaro is full of historical structures and colonialstyle buildings - making it a favourite location for artists and designers.
- Go on a history tour Once a bohemian retreat for opium smokers and brothel patrons,

暑假終於來臨,隨著旅遊業復常,不管你是首次蒞 臨澳門或已經來過多次,此時正是前往濠江歡**度** 盛夏的最佳時機。這個蕞爾小島景點多不勝數, 各式各樣建築、創意美食及街頭小吃,吸引遊客 到此一遊。澳門是個讓人感覺熟悉又具備獨特魅 力的度假勝地, 你可以在此感受鄉村風情、參觀 屹立數百年的歷史地標,或在摩登時尚的夜店消 磨一整晚,享受兩者兼備的旅遊樂趣。現在就來 這顆珠江三角洲的瑰寶親身體驗一下吧。

- 於當地市場購物: 前往果欄街選購特色商品, 從陶器到繪畫,應有盡有。**氹仔消防局前地**每 逢周日化身為匯聚傳統工藝品和紀念品攤檔的 市集,現場更有各種表演及音樂助陣。營地街 **市**是購買經濟實惠用品的好去處,**十月初五日** 街的康公夜市亦有不少手工藝品攤檔。
- 享受花園綠意: 澳門雖然細小, 卻依然不乏美 麗的公園綠地。以蘇州園林為建築概念的盧廉 **若公園**,或是白鴿巢公園、**氹仔市政花園**都是 欣賞花草樹木的好去處。
- **暢遊僻靜一隅:路環漁村**是歷史悠久的港口, 碼頭內曾停滿漁船和渡輪,經過悠悠歲月,現 仍保留純樸風貌,靜靜地躺在澳門最南端。從 中心位置的路環聖方濟各聖堂出發,穿梭於曲 折巷弄、古老寺廟及小廣場之間,悠然度過一
- 造訪氹仔舊城區:來到洋溢葡國餘韻的氹仔舊 城區, 映入眼簾的是繽紛淡彩的歐式小屋、葡 式碎石廣場、雅緻路燈及古色古香的天主教 聖堂,讓人感覺恍如穿越時空。前往位於 海邊馬路的龍環葡韻住宅式博物館,從 五座碧翠凝綠的葡式住宅探索前人生 活。在**氹仔消防局前地**,欣賞舞者 以輕快腳步跳著葡萄牙土風舞, 以及咖啡館傳來的法朵 (fado) 旋律。
- 陶醉在望德堂區:澳門以充滿 葡式風情的馬賽克鑲嵌路面而 聞名,望德堂區的漩渦狀圖案 尤具特色。經過歲月洗禮後的 房屋及保留殖民色彩的建築, 吸引藝術家及設計師在此緬懷 本地歷史。
- **踏上歷史旅程: 福隆新街**曾是 鴉片煙民及妓院顧客等不羈之徒 流連的三不管地帶,如今卻搖身 成為泛亞多元文化的商業大本營







- Visit beautiful public plazas The Historic Centre of Macau, a Unesco Heritage Site, includes Senado Square's cobblestone streets and the Ruins of St Paul's, an extraordinary 400-year-old relic. Tap Seac Square, Macau's largest public space, has ornate paving and tranquil old courtyards. Make time, too, for Largo Eduardo Marques in Coloane.
- Leap off the world's highest bungee jump Head to Macau Tower if you dare to take the ultimate plunge – a death-defying, head-first freefall of 232 metres.

Macau's best street food

Macau's cheap snack stalls will fascinate visitors with their taste and variety. Feel like diving in? Collect free titbits along **Rua do Cunha**, the main pedestrian street – classics like **almond cookies**, **beef jerky** and **pork chop buns**.

- Seek out baked goods and traditional Chinese meat snacks at Rua de Sao Paulo, such as black-pepper pork pies.
- Fish balls These ubiquitous delicacies may also contain vegetables and meat, served plain or with soy or curry sauce.
- Egg tarts Synoymous with Macau, these crumbly desserts (Pasteis de nata) have a sweet, buttery taste that comes from the caramelised mix of egg and custard.
- Macau-style waffle A real curio, this Macau speciality is filled with condensed milk and peanut butter.
 - Durian ice cream The definitive acquired taste, this pungent but refreshing dessert is perfect on hot days.
 - Go the whole hog Macau specialises in pig products: pork jerky, sliced pork loin and even pork-blood cakes.
 - Fusion snacks Adventurous eater? Try a bird'snest egg tart or deep-fried Chinese-style pork schnitzel.

Summer holiday

The **Mid-Autumn Festival** falls on 17 September, where Macau lights up with colourful lanterns as families reunite and enjoy mooncakes, joyful dinners and night-time picnics under a full moon.

- 街道兩旁的唐樓將門窗髹上深綠色,獨具傳統中國氣息。
- 領略前地之美:澳門歷史城區已被聯合國教科文組織列入世界文化遺產名錄,包括地面鋪設馬賽克圖案的機事亭前地,以及約有400年歷史的聖保祿教堂遺址——大三巴牌坊。此外,坐擁備式碎石地面及南歐風格庭院的塔石廣場則是澳門面積最大的公共空間。還有時間的話,不妨順便到路環的馬忌士前地走走。
- 全球最高商業笨豬跳:如果你喜歡追求刺激、敢於挑戰自己,那就登上澳門旅遊塔 頂端,體驗從232米高空飛躍而下的空中冒險。

澳門最佳街頭美食

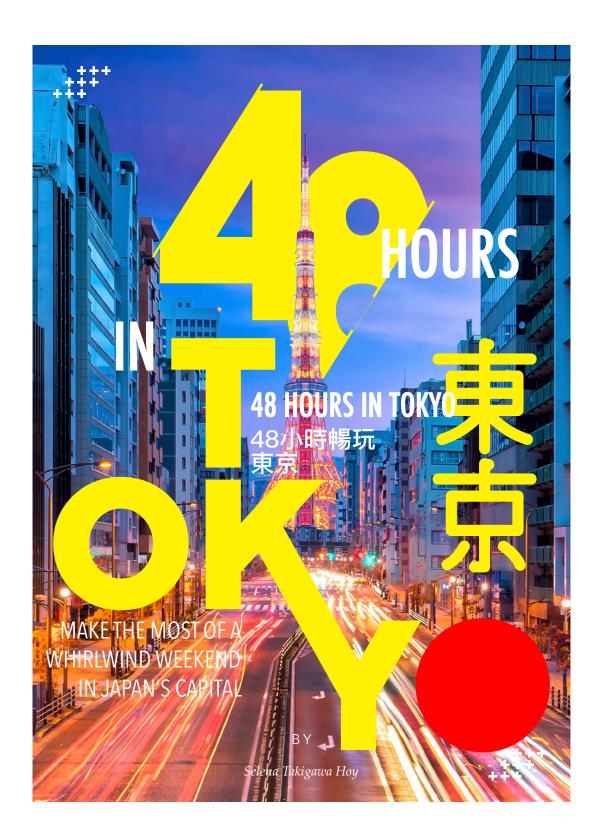
澳門的街頭小吃不僅物美價廉,而且味道可口、種類繁多,讓遊客欲罷不能。若想大快朵頤,可沿著氹仔市中心的**官也街**走一圈,沿街商店熱情地讓遊客免費試吃,**杏仁餅、牛肉乾**及**豬扒包**等經典美食,保證令你應接不暇。

- 大三巴街也是覓食必到之處,各種烘焙甜點、傳統中式肉類小食如肉乾、胡椒餅都值得一試。
- 魚蛋:這種街頭常見的小食以魚漿製成,包括加入蔬菜或肉類等不同口味,食用時可選原味、沾上醬油或咖哩醬。
- 葡捷: 說到澳門特產,首先想到的就是葡式 蛋撻。這種小型酥皮點心的葡文原名Pasteis de nata意為奶油糕點,餡料以鮮奶油、雞 蛋和牛奶製成,表面烤至略帶焦黑的焦糖 狀,味道甜中帶有奶香。
- 炭火格仔餅:炭火現烤的格仔餅愈來愈少 見,澳門這家小店抹上煉乳和花生醬,格外 可口。
- 植使雪糕: 榴槤的味道未必人人都能接受, 但略帶嗆鼻氣味的榴槤雪糕吃起來味道清 甜,十分適合炎熱天氣享用。
- 豬肉製品:你可以在澳門找到各種豬肉製品,從豬肉乾、烤原塊豬柳肉到豬血糕,應 有盡有。
- **創意美食**:如果你是喜愛嚐新的美食愛好者,不妨試試燕窩蛋撻或中式炸豬扒。

夏末初秋佳節

今年**中秋節**是9月17日,澳門街頭張燈結彩,家家戶戶歡聚一堂,聚餐後在一輪明月映照下享用月餅,或是到公園或海邊席地野餐。



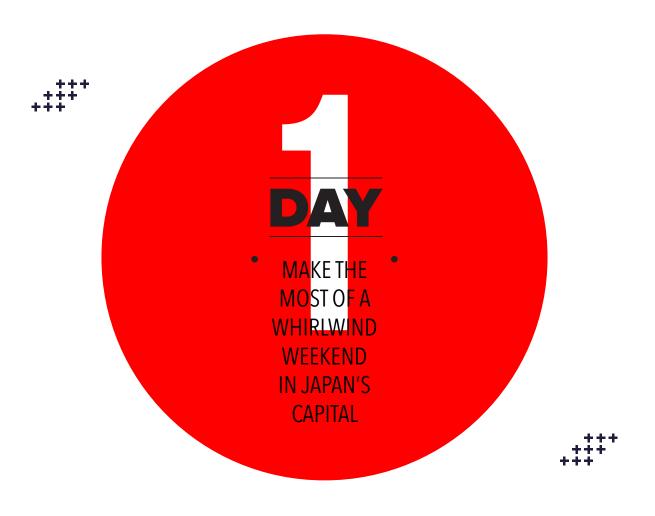






PHOTOGRAPHY: SHUTTERSTOCK





Arriving at Haneda, you're within Tokyo city limits and only about 40 minutes on the train or 20 minutes by taxi to the city center; Narita is a bit farther afield, taking about an hour and a half by express train to Shibuya.

Step into SG Low in the Jinnan area of Shibuya for an *izakaya* meets cocktail bar dinner. The restaurant

抵達羽田機場後,搭火車約40分鐘或搭計程車約20分鐘即可抵達東京市中心;若到成田機場稍微遠一些,搭乘特快車約一個半小時到達澀谷,或一小時內會抵達上野。

走進澀谷神南的SG Low,享受居酒屋雞尾酒吧的晚餐。這家餐廳以創新呈現日

TOKYO SHIBUYA ^{東京 >澀谷}

















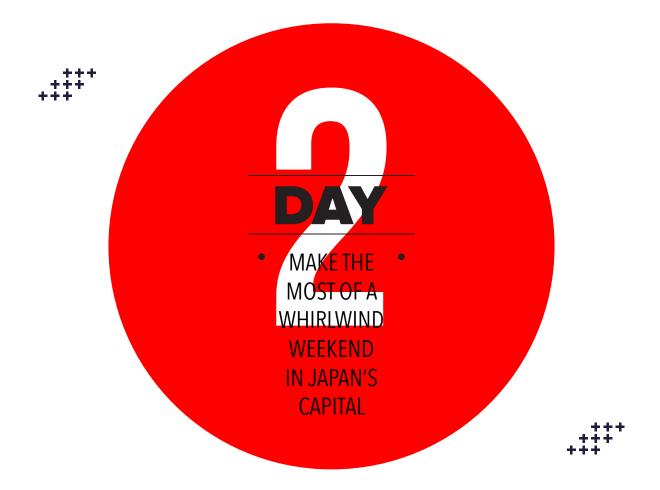
PHOTOGRAPHY: NIKOLAS KOENIG / SHUTTERSTOCK / GETTY IMAGES

presents inventive twists on Japanese classics like stir fried *uni* ramen or beef tongue miso stew. Follow it up with a karaoke session in the neighborhood: we like the cheap and cheerful Uta Hiroba chain.

For your nightcap, swing over to Gonpachi in Nishi Azabu. The spacious, atmospheric bar was the model for the iconic fight scene in the 2003 film *Kill Bill*.

本經典,如炒海膽拉麵或牛 舌味噌燉飯。接著可以在附 近唱卡拉OK,推薦到便宜又 能唱得盡興的Uta Hiroba。

如果晚上還想要續攤, 西麻布的權八是個不錯的選 擇,這裡也是電影《追殺比 爾》知名的打鬥場景取景 地。在歡樂氣氛下,精采的 現場表演、夾雜著服務生熱 情招呼饕客的喧鬧聲,是非 常值得一探究竟的地方。



In the morning, go back to basics with a classic "morning set" of egg salad sandwiches, salad, and coffee at retro-fabulous Galant (which, unlike many *kissaten*, actually opens at a decent hour: 8am) before wandering the temple precinct of Sensoji in Asakusa. Tokyo's oldest temple dates

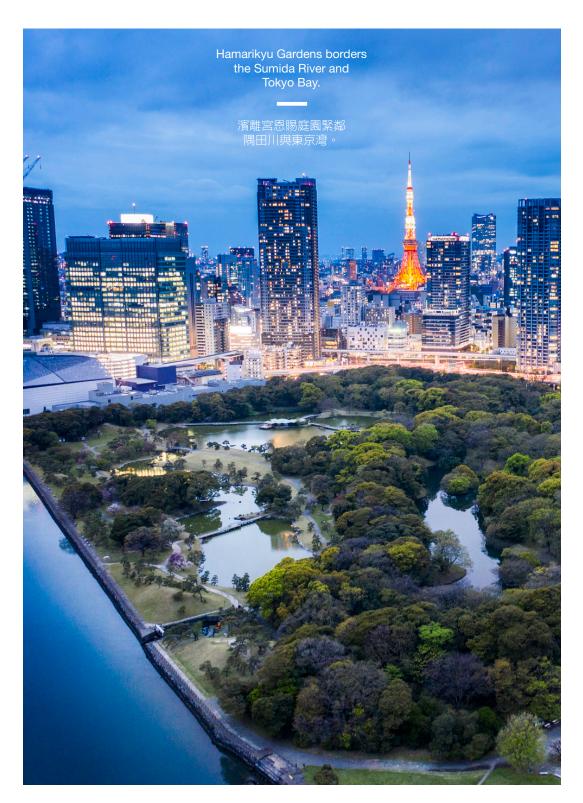
早上,在古色古香的喫茶店 Galant享用蛋沙拉三明治 沙拉和咖啡的經典早餐, 後,到淺草寺附近散步, 座東京最早建立的寺廟歷史 可以追溯到西元628年,您 可以在這裡拍照打卡、賞錦 鯉,向觀世音菩薩祈求健康 和財富。

午餐時間,前往銀座體驗 江戶前壽司 —— 鮨 辰巳,坐

PHOTOGRAPHY: GETTY IMAGES

TOKYO BAY

東京 >東京灣



D 東京















to 628, and you'll be in good company with flocks of other visitors competing to pose under the pagoda, peer at the koi, and pray to the Goddess of Mercy, Kannon, for health and wealth.

For lunch, head to Ginza and belly up to the counter at Sushi Tatsumi, an Edomae-zushi joint with great value and service. The *chirashi-zushi* is like a jewel box

在板前享受物超所值的美食和一流的服務,這裡的散司就像點綴著鮭魚卵的珠寶盒。接著,到歌舞伎座觀賞歌舞伎表演,品味這有著4百年歷史的劇場,感受日本的傳統文化;單場門票採先到先得方式販售,演出時間約為45分鐘至2小時,票價依節



dotted with pearls of salmon roe. After, continue the traditional theme by catching one act of kabuki at the Kabuki-za – just enough to get a taste of the 400-yearold theater form. Single act







tickets are available first come first served and last between 45 minutes and two hours, priced according to length; for maximum entertainment, choose one of the dance acts.

Next, wander through Hamarikyu, the sprawling Japanese strolling garden next to Tokyo Bay, where you can alternate views of the Rainbow Bridge with glimpses of whatever is in bloom — perhaps camellias, irises, or cherry blossoms.

目長短而定;想要盡興享受 就挑場舞蹈表演吧!

接下來,在東京灣旁的 濱離宮恩賜庭園漫步,欣賞 盛開的山茶花、鳶尾花或櫻 花。別忘了拜訪位於池塘中 央的極簡主義茶屋中島御茶 屋,品嘗濃郁的抹茶和甜美 的茶點。





Gold Bar at Tokyo Toranomon EDITION hotel.

艾迪遜酒店的Gold Bar。

Don't forget to stop in at the Nakajima no Ochaya, a minimalist teahouse marooned on an island in the middle of a pond, for a frothy emerald matcha and a sweet tea snack.

Torarenbou near Tokyo Station has you covered for dinner with dishes like beef and burdock hotpot or salt seared yellowtail. The restaurant has a fine *nihonshu* selection to pair with ultrafresh cuts of sashimi and grilled scallops; for an extra fee, you can add a two-hour all you can drink plan with 20 types of sake.

For the final tipple of the night, duck into Gold Bar at EDITION, a speakeasy-style cocktail bar with expert mixologists — the bar was chosen as one of "Asia's 50 Best Bars" for 2023.









東京車站附近的餐廳虎連坊提供多種選擇,像是牛肉牛蒡火鍋、日本酒搭配生魚片和烤扇貝,還能兩小時無限暢飲20種不同的清酒。

夜晚不妨到艾迪遜酒店的Gold Bar,這是一家有專業調酒師且有地下風格的雞尾酒酒吧,並獲選為2023年「亞洲50大酒吧」之一。

OTOGRAPHY: SHUTTERSTOCK

2東京



To energize for your last day, fuel up with coffee and fluffy pancakes topped with berries and chocolate, marshmallows and caramel, or cherries and custard, at Crisscross in Omotesando (open from 8am). If the weather is fine, snag a seat on the leafy terrace so you can watch the city's monied fashionistas (and their fancy dogs) walk by.

最後一天早上,以在表參道的Crisscross啜飲咖啡、品嘗多種口味的鬆餅展開一天的序曲,像是由莓果和巧克力點綴的鬆餅、棉花糖搭配焦糖鬆餅,或是櫻桃搭配卡士達醬鬆餅。

AZABUDAI HILLS

東京 >麻布台之丘





Then it's off to team-Lab Borderless at its new Azabudai Hills site. The digital art museum seeks to replicate and improve upon its smash hit teamLab Borderless in Odaiba, which closed at the end of 2022. The immersive, interactive museum uses light and projection, among other media, to create an all-encompassing experience in which the visitors become part of the art, rather than being separated from it and looking at a static work. The exhibition is an IG paradise, but please note that flash photography and selfie sticks are prohibited.







接著前往麻布台之丘的 teamLab Borderless,這裡 復刻了其於2022年底結束的 台場展館模式,提供身歷其 境、互動式的數位美術館體 驗,運用光影和投影等多媒 體技術,創造出一種全方位 的感受,讓參觀者成為藝術 的一部分。



An immersive, interactive museum using light and projection, among other media, teamLab Borderless is an IG paradise.

teamLab Borderless運用光影投射等數位媒介, 打造出讓人能身臨其境的 互動式體驗,也是IG愛好 者的天堂。







Lunch is served at Nakayoshi in Ebisu, a friendly neighborhood *teishoku* (set menu) place with excellent value offering typical Japanese fare such as mackerel simmered in miso or fried chicken and eggplant in yuzu. Lunch sets start at just ¥1000.

Home stretch: time is almost up, but the trip wouldn't be complete without getting a good, holistic look at the city. Make your way to Shibuya Sky for wraparound views of Tokyo, including a birds' eye look at the famous Scramble Crossing.

Finally, descend to the 11F of Shibuya Scramble Square to visit Nakagawa Masashichi Shoten, a shop featuring more than 4,000 Japanese craft items from more than 800 artists around the country. You'll find clothing, accessories, kitchen items, art pieces, and everyday goods that will inject some quirky, handmade style into your life.







午餐可在惠比壽一家友善 又便宜的定食店Nakayoshi品 嘗味噌燉鯖魚或炸雞和香橙茄 子,最便宜只要1千日圓起。 之後前往澀谷新地標 —— 天 空展望台欣賞東京全景,鳥 瞰著名的行人保護時相。

最後,從天空展望台下 樓到11樓的中川政七商店, 這裡擁有來自日本8百多位藝 術家、超過4千件的日本工藝 品,包括服裝、配飾、廚房 用品、藝術品和日常用品, 讓人感受手工製作的溫暖。♥



EVA AIR FLIES TAIPEI-TOKYO (NARITA) 21 TIMES A WEEK, SONGSHAN- TOKYO (HANEDA) 14 TIMES A WEEK, AND KAOHSIUNG-TOKYO (NARITA) 7 TIMES A WEEK, TOTALING 42 FLIGHTS PER WEEK.

長榮航空每周21班從桃園機場飛往東京成田機場,每周14班從松山機場飛往東京羽田機場,每周7班從小港機場飛往東京成田機場,合計共42班。

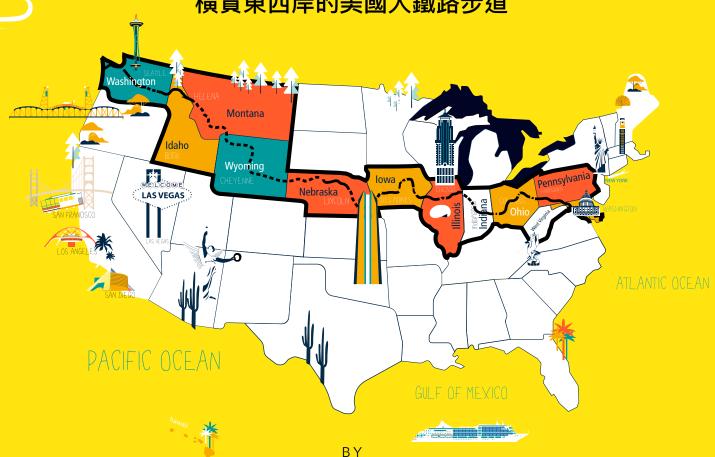




BLAZING A TRAIL

COAST TO COAST ACROSS THE USA

橫貫東西岸的美國大鐵路步道



Graham Finch



PHOTOS

Great American Rail-Trail

IT'S SAID THAT A JOURNEY OF A THOUSAND MILES BEGINS WITH ONE STEP.

If that's the case, it'll take a few before starting off on the Great American Rail-Trail. Winding its way across the upper states, once finished the total length will be a leg-testing 3,700 miles (6,000 km), which sounds even more formidable in kilometers: almost 6,000km. At the moment, only half of it has been built, but that still presents a serious challenge to any hardcore hiker or endurance cyclist.

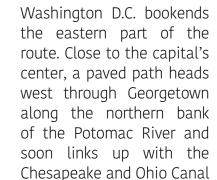
For those who just want to get some fresh air and commune with nature for a few hours or more, there are sections within easy distance of several major cities. Bicycle rental outlets are conveniently located in cities and towns along the trail. 横貫美國東西岸的大鐵路步道,串聯美國北部各州,完 工後總長度達3千7百英里 (近6千公里)。

雖然目前僅完工一半的路線,但已有部分緊鄰主要城市的路段,可讓熱愛沉浸大自然的健行者進行漫遊,自行車租賃點也分布在沿途城鎮,對於單車旅行家來說十分便利。



D.C. AND THE EAST

華盛頓特區和東部





Trail, AKA US Bicycle Route 50. This is what the Great American Rail-Trail aims to do – incorporate existing sections of well-used and popular paths into an ecofriendly, transnational corridor.

The historic canal was hand-dug back in the 1820s and transformed the area's economy, with barges transporting goods along the narrow waterway. Its tow path still leads through D.C.'s heart, with chunky stone and red-brick warehouses dating back a century lining the route, but it's not long before it becomes a tree-lined path that enters Maryland and all you can hear is birdsong.

Around 15 miles from the capital, Great Falls makes a doable day-trip on two wheels, as the trail is all flat and boasts a decent gravel surface. Tracing the canal, there are sturdy locks spaced along the route - 17 of them by the time you reach a splendid lookout spot - to remind you of the trail's rich heritage. A footbridge at Great Falls spans a whitewater torrent where the Potomac gushes through Mather Gorge. This sight alone is well worth the ride.

WASHINGTON D.C. BOOKENDS THE EASTERN PART OF THE ROUTE.

大鐵路步道的東端路段位於華盛頓特區。

乞沙比克和俄亥俄運河 於1820年代由人工開鑿而 成,運河一路穿越華盛頓特 區中心,過去運河步道沿途 可見百年歷史紅磚倉庫,如 今則是綠樹成蔭、充滿鳥語 花香。

造訪該區步道可以單車代步,順遊走訪距離華盛頓約15英里的大瀑布公園。園區地勢平坦,沿途可見深具歷史的17座運河閘門,跨越河流的步道橋上則可欣賞波多馬克河往馬瑟峽谷前行的滾滾激流。



THE MIDWEST

中西部

Heading westwards, the Great American Rail-Trail wiggles its way through Pennsylvania, where it follows the Panhandle Trail and crosses old rail bridges, enters Ohio and goes across Indiana, entering Illinois on the southern edge of Chi-

一路向西,美國大鐵路步道 蜿蜒橫越賓夕法尼亞州,沿 潘漢德爾步道穿過古老鐵路 橋進入俄亥俄州,接著貫穿 印第安納州,在芝加哥南部 邊緣銜接伊利諾州。路線鄰 近伊利諾和密西根運河,途 經多座古老水道。





cago. Here, the route traces more old waterways, this time beside the Illinois and Michigan Canal.

Conveniently located on the southern outskirts of Chicago, a 20-odd-mile-long section known as the Thorn Creek Trail cuts through a bucolic landscape of woodland as it veers southwest from the Windy City to link up to the arrow-straight Old Plank Road Trail. The wideopen plains of the Midwest open up as the Rail-Trail approaches the half-way mark, with the route initially following the Hennepin Canal as it goes into neighboring Iowa, then Nebraska, where, like in/neighboring Wyoming, there are long stretches of the route yet to be completed.

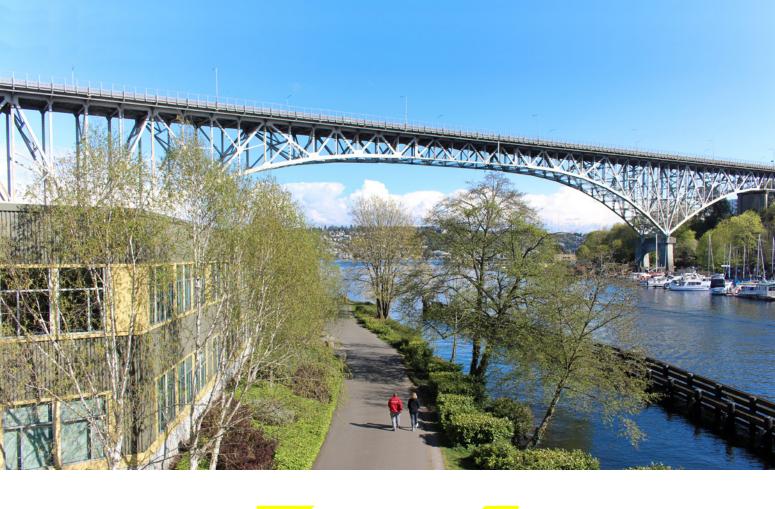
THE WIDE-OPEN PLAINS OF THE MIDWEST OPEN UP AS THE RAIL-TRAIL APPROACHES THE HALF-WAY MARK.

大鐵路步道中段展現了美國中西部 開闊平原景致。

其中,荊棘溪步道位於芝加哥南郊,全長20多英里。這條步道最初是美國原住民的貿易路線,後來被西進開墾者和歐洲移民使用,於1850年代鋪設木板以利面,於1850年代鋪設柏油路面,沿線鄉村風貌依舊,是 端、白鷺等鳥類的棲息地。

大鐵路步道中段展現了美國中西部開闊平原景致,步道路線沿亨內平運河修築, 串聯愛荷華州、內布拉斯加州,但至今仍有部分路段尚未完工。







華盛頓州

Much easier on the quadriceps is the western end of The Great American Rail-Trail in Washington State, which boasts the longest completed section of rail-road conversion in the United States, some 250 miles of it. And it's relatively flat.

位於華盛頓州的大鐵路步道 西端路線長約250英里,為美 國最長的鐵道改建路段。該 路段沿著廢棄40年的舊鐵道 修築,路線順著山勢前行, 經過漆黑隧道和跨越深谷的 高聳橋梁。



THE ROUTE CURVES GENTLY THROUGH THE MOUNTAINS VIA SOME LONG, DARK TUNNELS THAT REQUIRE A FLASHLIGHT, AND SPANS DEEP VALLEYS OVER HIGH BRIDGES.

大鐵路步道西端順著山勢前行,沿途經過漆黑隧道和跨越深谷的高聳橋梁。

The route curves gently through the mountains via some long, dark tunnels that require a flashlight, and spans deep valleys over high bridges.

This western leg is good for anyone starting a ride from the edge of Seattle, with the 31-mile Snoqualmie Valley Trail being a smooth gravel path offering unrivalled views of Mount Si. The metal girders of Reinig Bridge are one more remnant of the original railway as the trail inches towards a high point at Snoqualmie Pass, before descending into Seattle and terminating at the West Coast.

自西雅圖邊緣出發,這條路線是單車之旅的絕佳路徑。31英里的斯諾誇爾米山谷步道由碎石鋪造,平內路前行會經過鐵道遺址:萊尼格橋,並逐漸緩升到斯,格橋,並逐漸緩升到點,抵跨爾米隘口的最高點,抵達下降進入西雅圖,抵達西海岸。♥

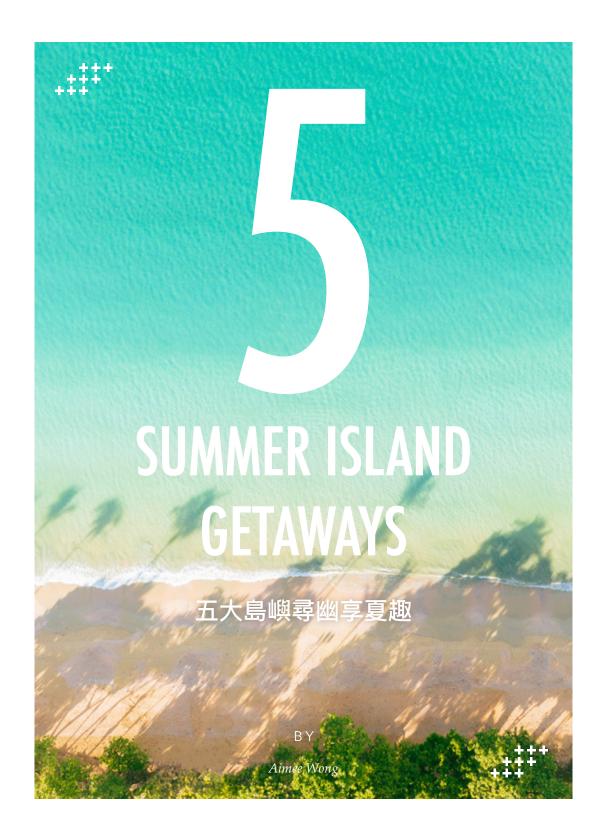


..... EVA AIR FLIES TAIPEI-SEATTLE 7-10 TIMES A WEEK.

長榮航空每周**7-10**班從桃園飛 往西雅圖。







PHOTOGRAPHY: GETTY IMAGES



CRAVING A SUMMER ESCAPE THAT BLENDS CULTURAL IMMERSION WITH BREATHTAKING BEAUTY?

Dive into one of Asia-Pacific's iconic island paradises. Explore the ancient temples of Bali, immerse yourself in the rich legacy of the Ryukyu Kingdom in Okinawa, or get lost in the lush rainforests of Langkawi. From the historical charm of Cebu's Magellan's Cross to the vibrant coral reefs of Phuket, each island offers a unique blend of cultural treasures, fascinating history, and stunning natural wonders.

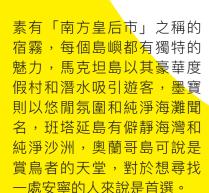






The "Queen City of the South," Cebu boasts a collection of postcard-perfect islands, each offering its own unique charm. Mactan Island beckons with luxurious resorts and world-class diving, while Moalboal entices with its laid-back atmosphere and pristine beaches. For the serenity seeker, Bantayan Island offers secluded coves and pristine sandbars, while Olango Island transforms into a birdwatcher's paradise, teeming with diverse avian life.

Cebu caters to the thrillseek<mark>er as well</mark>. Zipline your way through the lush Kawasan Canyon, a breathtaking landscape with cascading wa<mark>terfalls and em</mark>erald pools, or challenge yourself with a hike up Osmeña Peak, the highest point in Cebu<mark>, and be rew</mark>arde<mark>d</mark> with stunning views of the surrounding islands. For a truly unforgettable experience, head to Oslob to swim alongside majestic whale sharks.



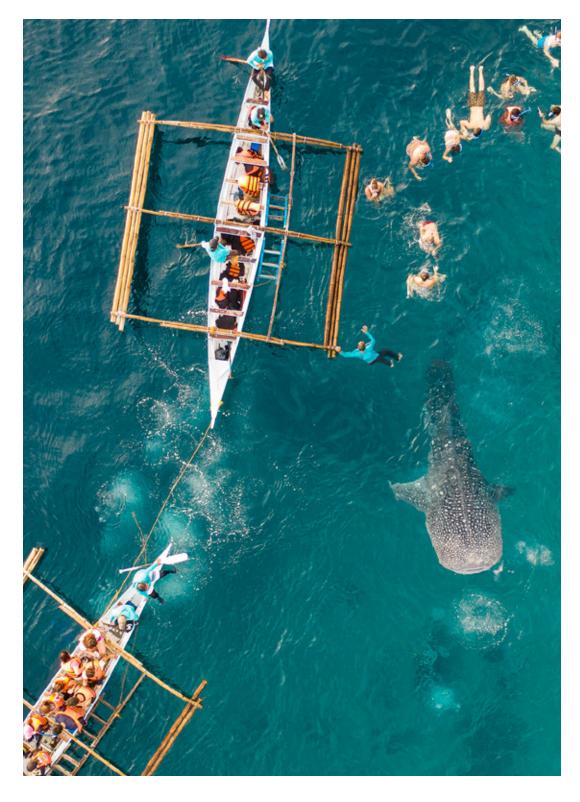




..... EVA AIR FLIES TAIPEI-CEBU DAILY. 長榮航空每周7班從桃園飛往宿霧













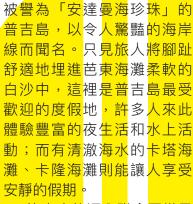




Phuket's crown jewel is its stunning coastline. Sink your toes into the white sand of Patong Beach, the island's most popular resort town, offering vibrant nightlife and an abundance of water activities. Or for a quieter escape, head to Kata Beach or Karon Beach, known for their tranquility and crystal-clear waters.

Delve into the hidden coves of Phang Nga Bay, a UNESCO World Heritage Site, perfect for kayaking and exploring secret lagoons. Or uncover coral reefs teeming with marine life at Phi Phi Islands, a picture-perfect archipelago made famous by the movie *The Beach*.

Then unearth Phuket's rich history at Phuket Old Town. Stroll along colorful shophouses lining narrow streets, remnants of the island's vibrant tin-mining past. Visit Wat Chalong, a revered Buddhist temple adorned with intricate murals and towering golden statues.



旅人也能深入聯合國世界 遺產 — 攀牙灣,徜徉於海 灣與石灰岩間,體驗獨木舟 與潟湖探秘;或是到皮皮島 欣賞珊瑚礁,這個美麗的群 島因電影《海灘》而聞名。

而後還能在普吉老城發掘豐富的歷史。漫步在狹窄街道上,彩色店屋似是可以穿越回過去開採錫礦的繁華時代;參觀當地居民的精神寄託查龍寺,欣賞精緻的壁畫和高聳的佛像。













For a summer escape that transcends the ordinary, look no further than Langkawi, a breathtaking archipelago off the coast of Malaysia. Kick back on the soft white sands of Pantai Cenang, a haven for sunbathers and watersports enthusiasts. For a touch of luxury, Pantai Tengah offers pristine shores fringed with upscale resorts.

Beyond the beaches. Langkawi's verdant interior beckons. Trek through the Kilim Karst Geoforest. a labvrinth of ancient limestone formations, hidden mangroves, and serene waterways. Take a boat tour through this ecological wonderland, spotting unique wildlife and marveling at towering cliffs that emerge from the emerald embrace of the rainforest.

Langkawi's rich heritage comes alive in its traditional villages and historic sites. Explore the Dataran Langkawi, an iconic eagle statue overlooking the island, or delve into the fascinating legends surrounding the Tomb of Mahsuri.



若要尋找不同的夏日度假勝地,蘭卡威群島或許很適合您。珍南海灘柔軟的白色沙灘是日光浴和水上運動愛好者的天堂;中央海灘則有豪華度假村與原始海岸。

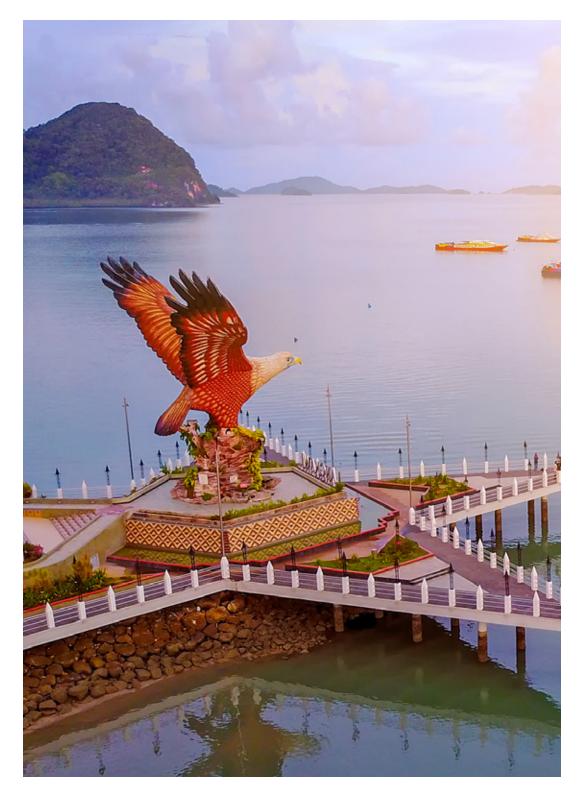
蘭卡威的蓊鬱之地也值 得一探究竟。丹絨魯紅樹林 地質公園是由古老石灰岩地 形、紅樹林和僻靜水道組成 的迷宮;還能乘船遊覽生態 奇境,觀察獨特的野生動 物,讚嘆高聳於翠綠雨林中 的巍峨懸崖。

而在傳統村落和遺址中,可以探源蘭卡威的歷史文化。蘭卡威老鷹廣場矗立著一座俯瞰整座島嶼的雄鷹雕像,或是到瑪蘇麗之墓探索迷人的傳說。





















Bali, the "Island of the Gods," isn't just a refuge for surfers and sunbathers. Relax on 灘上也有奢華的度假村和世 the golden sands of Seminyak Beach, lined with luxurious resorts and world-class spas. For a more adventurous escape, head to Nusa Dua, a collection of offshore islands offering world-class diving and snorkeling.

Adventure seekers can hike through the lush Tegallalang Rice Terraces, a UNESCO World Heritage Site, and marvel at the intricate landscape sculpted by generations of farmers. Trek to the summit of Mount Batur, an active volcano, and witness a breathtaking sunrise over the island.

Trace Bali's rich history through its magnificent temples, such as the captivating Tanah Lot temple, perched dramatically on a rocky outcrop, or the majestic Besakih Temple, a sprawling complex showcasing intricate volcanic rock carvings and ancient shrines.

峇里島不僅吸引衝浪和日光 浴<mark>愛</mark>好者,水明漾的金色沙 <mark>界級的水療中心。想要冒險</mark> 體驗,則可以到由離岸島嶼 <mark>組成</mark>的努沙杜瓦,這裡擁有 世界級的潛水和浮潛地點, <mark>讓人</mark>優游於色彩斑斕的珊瑚 礁間。

冒險愛好者可以徒步穿越 聯合國世界遺產之一的德哥 <mark>拉朗</mark>梯田,這裡在農民的歷 <mark>代耕</mark>耘下,雕刻出令人嘆為 <mark>觀止</mark>的地形景致;或是攀登 巴杜爾火山,在山頂上觀賞 日出。

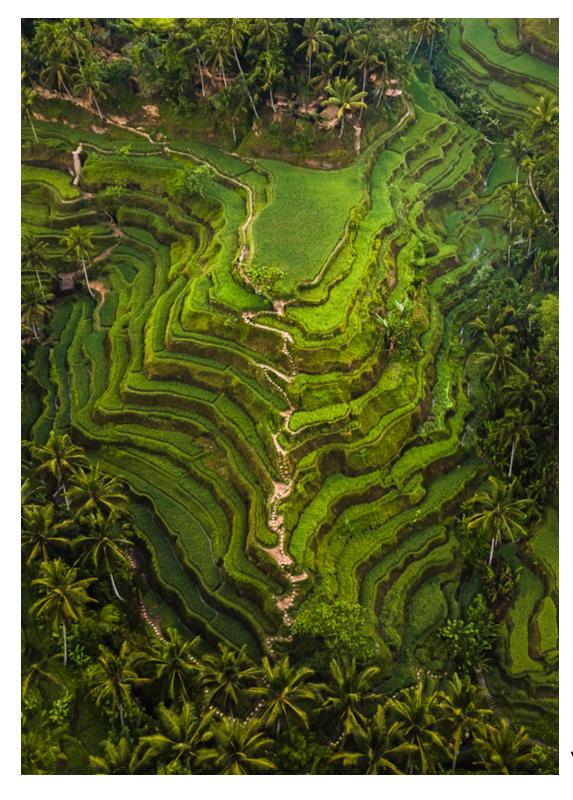
<mark>峇里島被譽為「千廟之</mark> 島」,透過造訪矗立在離岸 岩石上的海神廟,或是擁有 <mark>精緻</mark>火山岩雕刻和古老神殿 的百沙基母廟,追溯這座島 嶼的歷史。





EVA AIR FLIES TAIPEI-DENPASAR BALI DAILY. 長榮航空每周7班從桃園飛往峇里島。











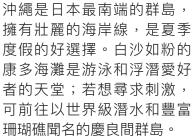




Japan's southernmost island chain, Okinawa is perfect for a summer escape. Grab a parasol on the powdery white sands of Kondoi Beach, a haven for swimmers and snorkelers, or head to the Kerama Islands, renowned diving.

Discover Okinawa's fascinating past at Shuri Castle, a UNESCO World Heritage Site. This majestic red-tiled structure was once the seat of the Ryukyu court. Or explore the Nakagusuku Castle ruins, a sprawling network of fortifications offering panoramic views.

Immerse yourself in the vibrant culture of Okinawa. Be mesmerized by traditional Ryukyu dance performances featuring colorful costumes and energetic movements. Learn about the intricate art of bingata, a dyeing technique used to create stunning textiles. Or visit a local studio to learn about traditional pottery.



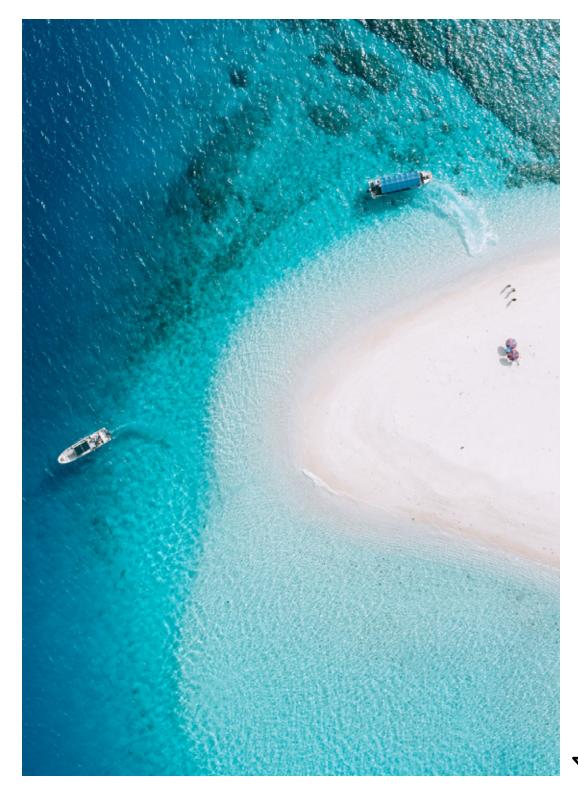
在列入聯合國世界文化遺產的首里城中能探索沖繩歷史,這座壯麗的紅瓦建築曾經是琉球王府的所在地;或探索中城城跡,在這座廣闊的防禦連廓式古城,欣賞島上的壯麗全景。

沖繩擁有豐富的文化, 傳統琉球舞蹈展現多彩的服 裝和充滿活力的動作;「紅型」是自13世紀流傳至今 的染物工藝,在紡織品中如 實呈現沖繩鮮豔的大自然色 彩;旅人也能在當地工作室 學習傳統沖繩陶器工藝。♥











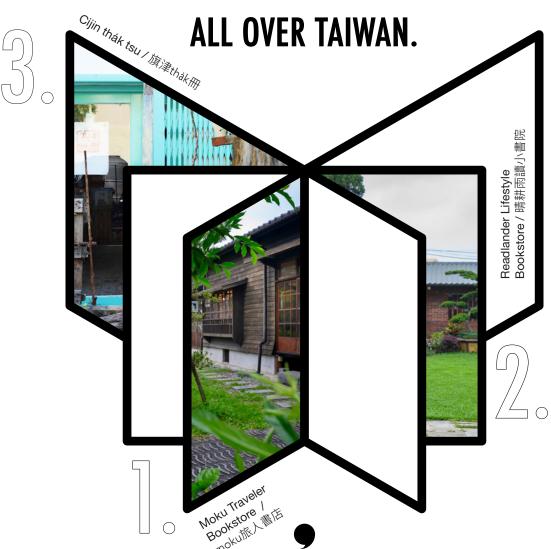
INSIDE TAIWAN'S INDEPENDENTBOOKSTORES

閱覽獨立書店風景



Ming Yi Lee (李明宜), Milk Wang (王士豪)

IN RECENT YEARS, INDEPENDENT BOOKSTORES HAVE BEEN SPRINGING UP



Although they operate on a small scale, their philosophy and selection of books represent part of the island's cultural landscape. This article is the first of two parts.

台灣近年獨立書店群起林立,雖是小眾經營,但其經營或是選書理念是台灣現今不容忽視的一道文化風景,本文將分兩期介紹台灣別具特色的獨立書店,陪伴您深入了解台灣文化風貌。



moku旅人書店

MOKU TRAVELER BOOKSTORE





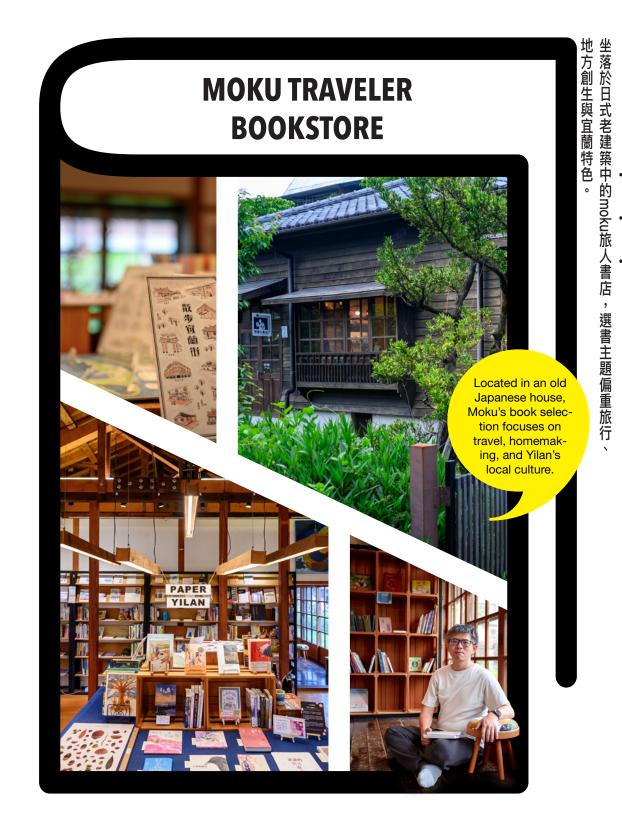
In Wenhua St., a small alley by the busy Nanmen Market in Luodong, you will see an old Japanese structure that is home to Moku Traveler Bookstore. This restored building was an elementary school principal's residence, built out of cedar and cypress in 1937.

Shop owner Jay Lin studied Taiwanese literature and has worked as a writer. Interested in travel and local revitalization, he returned to his hometown of Yilan 10 years ago to run a bookstore focusing mainly on these niche topics.

After moving into the wooden building, he began organizing a themed monthly book fair, each time promoting eight titles related to the history and culture of Yilan, to help visitors learn more about this city.

從熱鬧的羅東南門市場旁, 拐進小巷文化街,瞥見一幢 日式老建築,正是moku旅人 書店所在地。這幢修復過的 老建築,在昭和12年(西元 1937)由檜木跟杉木建成, 當時是小學校長宿舍。

書店主人林四九學的是 台灣文學,也做過文字工作 者。憑著對旅遊與地方創生 的興趣,10年前回到故鄉宜 蘭開起獨立書店,選書也是 以這類型的議題為主。



READLANDER LIFESTYLE **BOOKSTORE**



Visiting independent bookstores was the theme of the honevmoon trip for bookloving couple Hung Yu-sui and her husband.

Knowing how challenging it is to run an independent bookstore, she wanted to create an environment that would make quests feel at ease with suitable books, music, and just the right level of service. The key was to ensure there was food available when they got hungry.

Within the bookstore. each table represents a category closely linked to her own life experiences. For example, moving to the countryside led to a demand for gardening books, concerns about food safety resulted in selections related to diet. and confronting the death of a loved one prompted a search for answers in the philosophy category.

探訪獨立書店,是愛書的洪 毓穗夫妻環島蜜月旅行的主 題。行程結束時,滿滿一車 都是沿途購買的書籍。

深知經營獨立書店不 易,洪毓穗在創業時,就想 營造一間能夠讓客人身心安 頓的環境:有適合的書籍、 音樂,與恰如其分的服務, 讓客人自在不受打擾,感覺 溫暖又不過分熱情,重點是 餓了還有得吃。留得住客 人,書店的營收就能長久。 晴耕雨讀,正是順應自然共 生共存的平衡狀態,成了小 書院的名字,也成了小書院 的態度。

初看晴耕雨讀小書院, 不易察覺選書特色。但洪毓 穗說,每張桌子都是一個類 別,跟她自己的人生閱歷緊 扣。例如搬到鄉下,有園藝 的需求;食安問題帶來飲食 相關選書;遇到親友離世, 想從哲學類別尋找答案。在 解答自身問題的同時,也服 務了每一位客人。



CIJIN THÁK TSU 3.



Tucked away in a narrow alley near Cijin Tianhou Temple resides a beautifully refurbished historic home. Within its walls, a cozy reading corner beckons visitors to unwind amid the pages of books, evoking the nostalgic warmth of a summer retreat in one's hometown.

Specializing in literature on the ocean, Taiwan's history, and ecology, the bookstore offers a diverse selection of titles, promising varied perspectives. Owner Hsiao Meng-qu, also a skilled barista, concocts coffee creations inspired by writers and the scenic land-scapes of yesteryear.

True to its name, the bookstore aims to revive the enchanting atmosphere of Taiwanese culture.

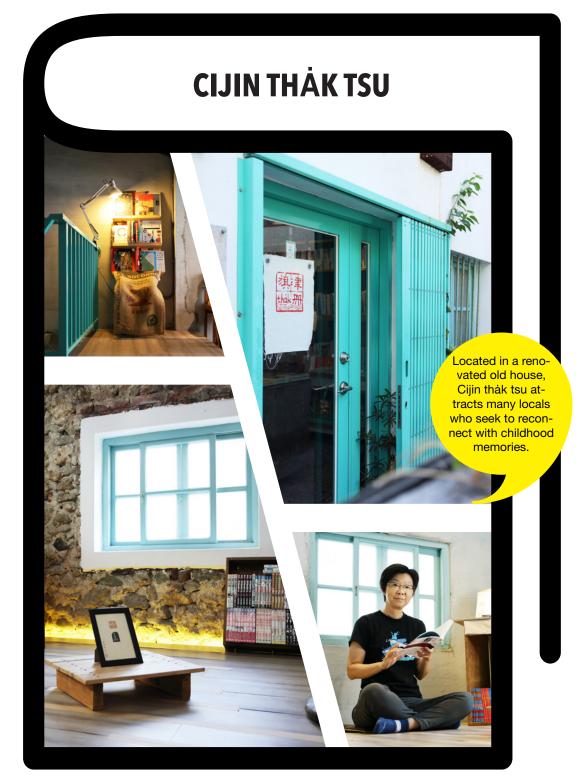
旗津天后宮旁的窄巷內,修 復古早民居而成的這家書店,按老建築設計的閱讀 區,或坐或臥自在沉浸書中 世界,頗有回到「老家」過 暑假的愜意。

由於旗津是高雄重要的歷 史港埠之城,書店以海洋為 重要選書主題,交雜台灣史 以及生態議題的選書。呈現 出多元豐富的視角。主持書 店的店長蕭孟曲亦是一名地 時師,她以文學家、歷史地 景為發想創作配方,用香醇 的咖啡相佐閱讀時光。

有意思的是,一走入店內便可聽見親切的台語招呼,正如書店以台語「讀書」(thak-tsu)為名,這裡啟動的不只是閱讀的渴望,也是重現台語生活的美好語境。❻

INFO

更多獨立書店介紹,歡迎參考 樹梅文化藝術基金會網站: https://www.dushuawards.com/ ILLUSTRATION: SHUTTERSTOCK



保留古民居空間的旗津thàk册,吸引不少旗津人來找回憶。

AN ENCOUNTER WITH TAIWAN'S INDIGENOUS TEA



Iwata Yuko (岩田優子)



PHOTOS

Chien-Fu Lo (羅健福)







Legend has it that tea seedlings were brought from Fujian province to Taiwan during the Qing dynasty. However, even before this, native tea trees thrived in Taiwan's natural landscape.

In the remote Baoshan Tribal Village, nestled in the mountains of Kaohsiung, a locally grown indigenous tea known as "native mountain tea" is gaining popularity. Situated at an altitude of 1,300 meters, this area is predominantly inhabited by



COMPO TEA WITH
SEASONAL FRUIT
FLAVORS LIKE PINEAPPLE
AND MANGO.

パイナップルやマンゴーなど 季節の味が楽しめる フルーツコンブチャ・



現在、台湾茶として多くの人々に親しまれている茶葉のほとんどが、中国大陸をルーツとしていることをご存知だろうか?清時代に、一人の商人が福建省から烏龍茶の苗木を持ち込んだことが始まりとされている。しかし、台湾には清時代以前から自生するチャノキが存在する。

高雄桃源区の寶山部落では、原生山茶と呼ばれる在来種の自然栽培が盛んに行われている。標高1300mに位置するこのエリアには、台湾先住民の布農族が多く暮らす。「先住民にはもともとお茶を嗜む文化はなく、茶葉は主に胃腸不良の薬として利用されてきました」。そう語る杜寶珍さんも、長年この地で家族と共に茶園を営んできた。

原生山茶は日本統治時代に入りようやく嗜好品としての価値を見出され、その後、製茶の技術は飛躍的に向上したが、栽培方法は昔のままだ。茶摘みは、6、7mはあろうかという樹々の枝をフック棒で手繰り寄せて行う。急斜面での作業には危険が伴うが、原生山茶ならではの果



the Bunun people. "Indigenous communities didn't have a tradition of tea culture. Tea leaves were primarily consumed for their medicinal properties, especially for soothing upset stomachs," explained Ms. Tu Pao-chen, who, along with her family, has been tending to a tea farm in the area for many years.

During the Japanese colonial period, native mountain tea became a soughtafter commodity. While tea-making techniques have evolved over time, the cultivation methods have remained traditional. Harvesting the tea leaves involves using a hooked stick to reach high-up branches.

Ms. Tu also utilizes native mountain tea to produce compo (kombucha) tea. Compo tea is created by fermenting a mixture of black tea, sugar, and kombucha for approximately 10 days. This concoction is known for its digestive health benefits and was historically prized in ancient China as an elixir of longevity. Seasonal fruits are incorporated to create variations of sweet and tangy compo tea.

実のような甘みはこうして生まれるのである。







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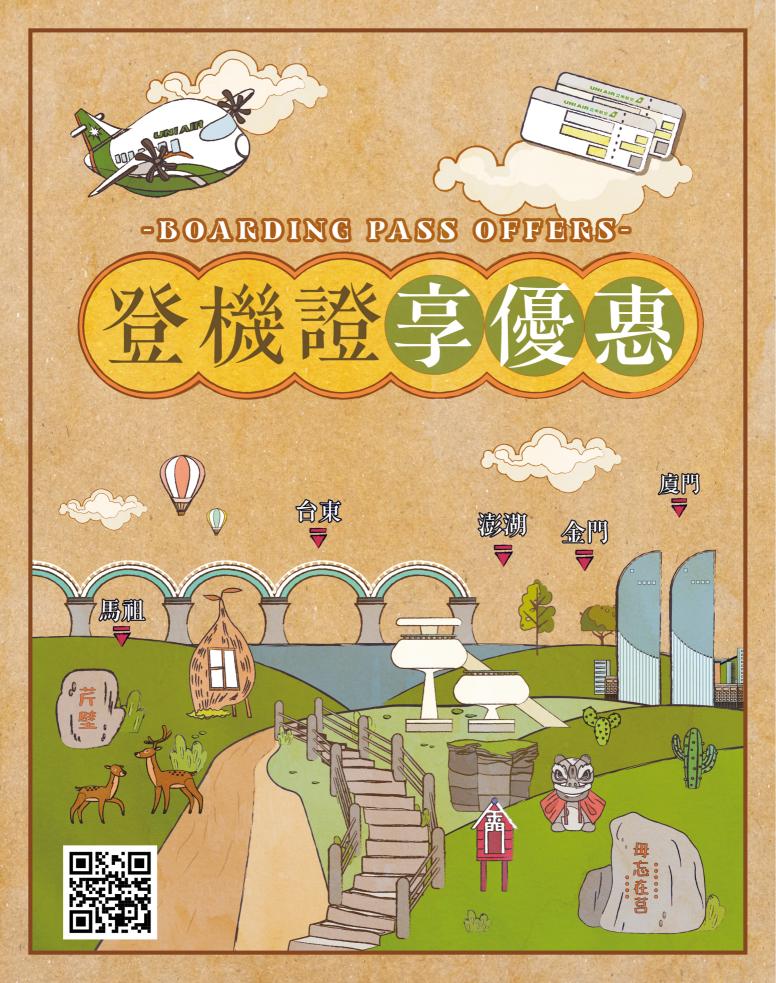
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EVA NEWS

長榮剪影

EVA RANKS 8TH AMONG SKYTRAX'S 10 BEST AIRLINES IN THE WORLD /

長榮航空躍升

SKYTRAX全球10大最佳航空公司第8名

SKYTRAX, the airline and airport review and ranking site, announced its 2024 Global Airline Awards winners on June 24, 2024. EVA won 16 awards, including 8th-place ranking among the World's Top 10 Best Airlines and first for Best Premium Economy Class Airline Catering and Best Premium Economy Class Onboard Catering in Asia. EVA also earned distinction as a SKYTRAX Five-Star Airline for the ninth consecutive year.

As it continues to expand, EVA is adding an enhanced Premium Economy Class to its new Boeing 787-9s. The first upgraded B787-9 will debut before the end of 2024, and the rest of the fleet will undergo a similar upgrade process.

In order to further optimize in-flight services, starting from July 2024, EVA will offer Kanpai Group Japanese-style barbecue meals to passengers in all cabin classes, initially available on routes from Taipei to Los Angeles, San Francisco, Seattle, and New York. On top of that, the airline will launch new Giorgio Armani Royal Laurel Class amenity kits and Kipling Premium Economy Class amenity kits in the second half of 2024.



擁有「航空界奧斯卡」美譽的 知名航空服務調查機 構SKYTRAX,日前公布第25屆

「全球航空公司大獎」頒獎典禮,長榮航空連續9年被評選為五星級航空公司,同時也獲得「全球十大最佳航空公司」第8名,並囊括「最佳豪華經濟艙機上餐飲」第1名及「亞洲區最佳豪華經濟艙機上餐飲」第1名;16項獎項,由長榮航空孫嘉明總經理親自出席領獎。

長榮航空孫嘉明總經理表示:「連續第9年獲得SKYTRAX五星級航空的認證殊榮,是對長榮航空全體員工不懈努力與卓越服務的最佳肯定,也是每一位員工的榮耀;長榮航空感謝每一位旅客的信任與支持,未來會繼續追求卓越、超越自我,不斷引進最新技術,優化服務流程,為所有旅客帶來更舒適、安全與愉快的飛行旅程。」

長榮航空自1992年推出全球首 創的豪華經濟艙,隨即受到市 場歡迎,並引領航空業界仿效,成為目前航空公司的主流產品;隨著機隊及航網規模持續擴張,長榮航空除了波音777-300ER機隊配置豪華經濟艙之外,今年也規劃在波音787-9客機導入全新的豪華經濟艙座椅,該機型會陸續進行改艙以提供三艙等服務,除了方便航機調度外,讓更多旅客以經濟實惠的票價,享受更高品質的飛航體驗。

為了進一步優化機上服務,長 榮航空從今年7月起,於台北 飛往洛杉磯、舊金山、西雅 圖、紐約航線,提供機上全艙 等皆可享用的乾杯集團燒肉餐 點;在服務用品的部分也不 請進,長榮航空皇璽桂豆艙 Giorgio Arman過夜包和豪華經濟 艙Kipling過夜包,日前也在德 國WICE獲得英國運輸雜 誌Onboard Hospitality頒發「最佳 商務艙過夜包」,以及加拿大 專業航空雜誌PAX International頒 發「亞洲區最佳豪華經濟艙過 夜包」的肯定。

EVA has repeatedly won SKYTRAX Global Airline Awards. Its rankings and the associated categories are: 長榮航空連續多年皆於SKYTRAX「全球航空公司大獎」中榮獲佳績,本年度得獎獎項及排名如下表: Winning Category / 復慶順區 Banking 2024 / 2024年排名

Winning Category / 得獎獎項	Ranking 2024 / 2024年排名
World's Top 10 Airlines 全球十大最佳航空公司	No.8
World's Best Premium Economy Class Airline Catering 全球最佳豪華經濟艙機上餐飲	No.1
Best Premium Economy Class Onboard Catering in Asia 亞洲區最佳豪華經濟艙機上餐飲	No.1
World's Best Premium Economy Class Airlines 全球最佳豪華經濟艙航空公司	No.3
Best Business Class Airline Comfort Amenities 最佳商務艙服務用品	No.3
The World's Cleanest Airline 全球最佳機艙清潔航空公司	No.3
The World's Best Airline Cabin Crew 全球最佳空服人員	No.4
The World's Best Airport Services 全球最佳機場服務	No.4
Best Airline Staff in Asia 亞洲區最佳航空服務人員	No.4
World's Best Economy Class Airlines 全球最佳經濟艙航空公司	No.5
The Best Airlines in Asia 亞洲區最佳航空公司	No.5
Best Premium Economy Class Airline Seats 最佳豪華經濟艙座椅	No.6
Best Business Class Onboard Catering 最佳商務艙機上餐飲	No.8
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World's Best Business Class Airlines 全球最佳商務艙航空公司	No.9
Best Economy Class Airline Seats 最佳經濟艙座椅	No.9

長榮航空於上市上櫃

企業公司治理評鑑名列前5%



臺灣證券交易所及證券櫃檯 買賣中心共同舉辦之112年度 第十屆「上市上櫃企業公司 治理評鑑」在6月13日舉辦頒 獎典禮,長榮航空於受評之 952家上市公司中名列前5% 殊榮,由孫嘉明總經理代表 領獎,為台灣唯一獲選之航 空公司。

本屆共計1,706家上市櫃公司 接受評鑑,依循金管會推動 之「公司治理3.0 - 永續發 展藍圖」及「資本市場藍 圖」規劃內容,將部分計畫 項目納入評鑑指標,透過

「維護股東權益及平等對待 股東、強化董事會結構與運 作、提升資訊透明度及推動 永續發展」四大構面評鑑指 標,積極引導公司邁向永續 發展,強化國際競爭力。 長榮航空孫嘉明總經理表示,長榮航空深信優良完善的公司治理是企業永續經營的基石,持續致力於維護股東權益、提升董事會職能及資訊揭露之正確性與即時性等面向,確保永續發展策略之執行。

續經營目標,長榮航空於董事會下設置「永續委員會」,負責審訂企業永續相關政策、策略、目標或管理方針,及審核企業永續年度工作計畫,並督導、追蹤永執行進度與成果,以實踐永

續經營的理念。

為履行企業社會責任以達永

因應極端氣候議題,長榮航空積極參與各項國際溫字元章極參與各項國際溫字飛行作業」與「地面作業」兩大主軸,規劃短、中、長期減碳目標,2023年主要施節油類益達13,224噸,相當於41,787噸CO2e。另逐步增加使用永續航空燃油(SAF),期至便低碳的運輸服務,朝「2050年淨零碳排放」目標邁進。

長榮航空於112年參與標普全球企業永續評鑑(S&P Global Corporate Sustainability Assessment),榮獲全球航空業第三名的佳績;更於113年公布之2024年永續年鑑(The Sustainability Yearbook 2024)中,榮獲「標普全球 ESG評分前5%」殊榮,展現長榮航空ESG指標績效領先全球航空

業。此外,長榮航空參加由 台灣永續能源研究基金會 (TAISE)舉辦之「2023年第 六屆 GCSA 全球企業永續獎」 及「2023年第十六屆TCSA 台 灣企業永續獎」,共榮獲 GCSA《永續報告書獎·銀獎 Sustainability Reporting Award -Silver Class》等7大獎項,獲獎 數量為歷年之最。

展望未來,航空產業的經營 環境依然充滿機會與挑戰, 長榮航空將以「安全永續, 務實精進、服務創新、再 價值」的經營理念,再 管飛航安全與卓越服務, 數力,因 應國際市場變化,審 其 經營策略,維護旅客 關 、股東與所有利害關係。 之權益,實踐永續飛航。

ALL-NEW CABIN EXPERIENCES

客艙服務新體驗



ROYAL LAUREL CLASS

皇璽桂冠艙



EVA Air has partnered with Kanpai Classic, the world's first Michelin-starred yakiniku restaurant chain, to launch a suite of online exclusive meals.

Kanpai Classic Japanese A5 Miyazaki Wagyu Deluxe Steak and Chicken Kamameshi are available to Royal Laurel Class passengers.

The steak dish features Miyazaki wagyu beef, which has won four consecutive Japanese Wagyu Olympics awards, served with mashed potatoes, sides, wasabi sauce, kombu salt, and deep-fried garlic slices for rich flavors and textures. Chicken Kamameshi is a signature dish of Kanpai Classic and remains a popular menu item. Kanpai Classic has undergone countless trials to ensure that each grain of rice is perfectly cooked and infused with chicken flavor. Now, passengers can enjoy this popular item from Kanpai Classic's menu while in the air.

長榮航空與全球首家米其林摘星燒肉店「老乾杯」強強聯手,推出皇璽桂冠艙網路獨享餐限定餐點「老乾杯日本A5宮崎和牛特選牛排招牌雞釜飯」,使用連續奪下4屆日本和牛奧運會冠斯與精選配菜、日本進口山葵醬豐富的日本與大時,展現極致美味與豐富的日感。獨家招牌雞釜飯為老乾杯品以生米與雞高湯一起炊煮,每一粒點麻有03彈口感與雞肉香氣,再拌上一點麻有03彈口感與雞肉香氣,再拌上一點麻有03彈口感與雞肉香氣,再拌上一點麻在機上也能享受老乾杯菜單上長期熱銷的必點佳肴。

PREMIUM ECONOMY CLASS

豪華經濟艙





Premium Economy Class introduces Kanpai Classic Japanese A5 Wagyu BBQ Karubi with Steamed Rice, featuring wonderfully marbled A5 wagyu beef with BBQ sauce, kimchi, salt, scallion sauce, and Cheesy Yam and Potato Bake. Additionally, Kanpai Classic Japanese Style Wagyu Hamburg Steak with Steamed Rice uses ground wagyu beef with Kanpai Classic's secret sauce and chives to recreate a Japanese all-time favorite. These two meals are provided on separate flights.

豪華經濟艙推出和牛等級餐點「老乾杯日本A5和牛燒肉飯」與「老乾杯日式和牛漢堡排飯」,分別提供於不同航班中。「老乾杯日本A5和牛燒肉飯」透精準火候的煎烤,展現日本A5和牛燒內飯」透過香甜油花與軟嫩口感,搭配乾杯燒肉醬、獨家自製韓式甘辛口味泡菜、鹽蔥醬及地瓜洋芋起司燒;「老乾杯日式和牛漢堡排飯」使用乾杯集團獨家進口和牛淚肉製作,配上老乾杯秘製酸甜鐵板淋醬及蝦夷蔥,重現道地經典日式風味。

ECONOMY CLASS

經濟艙



Economy Class introduces Kanpai BBQ Karubi with Steamed Rice, featuring thickly sliced beef with a perfect texture. Served with Kanpai's secret BBQ sauce, kimchi, salt, and scallion sauce; every bite enhances in-flight satisfaction.

經濟艙推出「乾杯經典牛五花燒肉 飯」,餐點開發期間特別研究各式厚薄 度的肉片,進行多次測試與比較,擇定 軟硬適中的最佳口感,再搭配乾杯秘製 燒肉醬、自製泡菜與經典鹽蔥醬,每一 口都為旅程增添愉悅的滿足感。

INFO

The new meal items will be available on direct flights from
Taipei to Los Angeles, San Francisco,
Seattle, and New York.

本次推出的餐點將提供予搭乘 台北直飛 洛杉磯、舊金山、西雅圖與紐約航線 的旅客於機上享用。

PHOTOGRAPHY: EIC

CHAMPAGNE LAURENT-PERRIER GRAND SIÈCLE N.V. ADDS ELEGANCE TO BOARDING /

法國羅蘭「偉大世紀頂級特釀」香檳 優雅登機

Starting July 1, Royal Laurel Class passengers flying to Europe and Brisbane can enjoy Champagne Laurent-Perrier Grand Siècle N.V., a blend of chardonnay and pinot noir from Grand Cru vineyards. It is a blend of three ideal vintage years, which is then aged for eight years.

Champagne Laurent-Perrier Grand Siècle N.V. features fine bubbles and light peachy and toasty aromas, with musk and mineral notes. It has a refreshingly acidic taste, with flavors of mature red fruits and dried fruit. This round-bodied Champagne is perfect as an aperitif or can be paired with seafood, poultry, or Blanquette de veau.

Note: Must be of legal drinking age

7月1日起,凡搭乘長榮航空歐洲航線與飛往布里斯本的皇璽桂冠艙旅客,都能品享來自法艙國羅蘭一百悅香檳鄉時內「偉大世紀頂級特釀 Grand Siècle」,精選香檳產區特級葡萄園有時級電賣公與黑皮諾葡萄品種釀製而成,最大特色在

於非單一年份,而是讓3 個卓越年份彼此融合臻 至完美,並在酒窖中陳 釀至少8年才釋出。

*長榮航空提醒您,未成年請勿飲酒。

Grand Siècle



NEW PREMIUM ECONOMY CLASS -

豪華經濟艙過夜包 摩登起飛



For long-haul return flights to Taipei, a new collaboration with Belgian brand Kipling presents passengers with a design theme inspired by the Kaohsiung 85 Sky Tower. This kit is paired with face cream and lip balm from New York's natural skincare brand Hudson Made.

即日起,搭乘長程航線豪華經濟艙,將能擁有品牌聯名新版過夜包!長榮航空與義大利知名品牌Furla持續合作,於台北出發的航班提供品牌新色「托斯卡豔陽黃」素面包款,搭配法國Payot的乳液與護唇膏,深層護理您的肌膚。

返回台北的長程航班則提供 與比利時Kipling的合作新 款,以「高雄85大樓」為設 計主題,再搭配紐約天然保 養品牌Hudson Made臉霜與護 唇膏,邀您一起享受大自然 的清爽呵護。





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逛EVA Mileage Mall: 長榮 航空網站(www.evaair. com)→無限萬哩遊→ 哩程獎勵計畫→ EVA Mileage Mall。

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無限萬哩遊會員可從EVA Mileage Hotel全球超過40 萬家酒店中選擇預訂住 宿,可選擇訂房累哩, 每次住宿每晚有機會賺 取高達1萬哩獎勵哩程! 也可以使用自有獎勵哩 程+現金預訂住宿,現 在就安排您的下一趟旅 程吧!

預訂EVA Mileage Hotel: 長榮航空網站(www. evaair.com)→<u>無限萬哩</u> 遊→<u>哩程獎勵計畫</u>→ EVA Mileage Hotel。









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EVERGREEN HOTELS NEWS

長榮酒店新訊



EVERGREEN LAUREL HOTEL

"Toy Craze" package for two

starts from NT\$ 6,099, includ-

ing breakfast for two and one

mini Vespa electric toy motor-

EVERGREEN LAUREL HOTEL

"Keelung Spectacular" pack-

Breakfast not included.

EVERGREEN LAUREL HOTEL

Three-day, two-night package

for two starts from NT\$ 4,100,

including breakfast for two.

EVERGREEN RESORT HOTEL

Senior Package for two starts

from NT\$ 8,500, including

breakfast for two. Available

only to visitors over age 60.

For more special offers, please

visit the Evergreen Hotel web-

site: https://www.evergreen-

age for two starts at NT\$ 4,200.

(TAICHUNG)

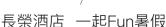
cycle.

(KEELUNG)

(TAIPEI)

(JIAOSI)

hotels.com





The relentless sun doesn't dampen enthusiasm for travel. Here, we offer some suggestions for summer trips for the whole family.

EVERGREEN PLAZA HOTEL (TAINAN)

"Amazing Encounter - From Raphael to van Gogh" package for two starts from NT\$ 4,499, including breakfast for two and two reservation-free tickets to the Chimei Museum.

EVERGREEN PALACE HOTEL (CHIAYI)

"A Little Bit of Fun in Chiayi" three-day, two-night package for two starts from NT\$ 8,300, offering buffet breakfast for two days, a buffet dinner for one day, two tickets to the Southern Branch of the National Palace Museum, one Koji pottery Mazu ornament, and two VAR game tokens.

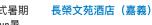
豔陽不減出遊熱情,即日起 全台長榮酒店推出各式暑期 住房專案,邀您一起fun暑 假!

台糖長榮酒店(台南)

「驚奇之旅·遇見斐梵」住 房專案,雙人成行4,499元 起,含早餐及奇美博物館免 預約門票。

長榮桂冠酒店 (基隆)

「走進基隆・精采絕倫」, 雙人成行4,200元起。



「來嘉FUN義下」住房專案, 三天兩夜雙人成行8,300元 起,依房型提供兩日自助早 餐及一日自助晚餐、故宮南 院門票兩張、媽祖交趾陶吊 飾乙只及VAR遊戲代幣2枚。

長榮桂冠酒店(台中)

「玩具YA瘋狂」住房專案, 雙人成行6,099元起,含早餐 及迷你Vespa電動玩具機車乙

長榮桂冠酒店(台北)

「三天兩夜」住房專案,雙 人成行4,100元起,含早餐。

長榮鳳凰酒店(礁溪)

「樂齡」住房專案,雙人成 行8,500元起,含早午餐,年 滿60歲以上適用。

更多優惠專案,請見長榮酒 店官網: https://www.evergreenhotels.com









Pastoral Scenery - Aichner & ESO

艾希納與長榮交響樂團



19:30 國家音樂廳

【音樂會導聆】

導聆人: 邱秀穎 老師 時間:8月8日(四) 地點:國家音樂廳1F大廳

注意事項:18:30 開1號門,音樂會演出前一小時開放入場



指揮 Conductor 洛漢茲・艾希納 Lorenz Aichner



鋼琴 Piano 丹尼爾・齊奥巴奴 Daniel Ciobanu

演出曲目

斯特拉溫斯基:《普欽奈拉》組曲 I. Stravinsky: Pulcinella Suite

蕭斯塔科維契:第二號鋼琴協奏曲,作品102

D. Shostakovich: Piano Concerto No. 2 in F Major, Op. 102

貝多芬:第六號交響曲,作品68《田園》

L.v. Beethoven: Symphony No. 6 in F Major, Op. 68 "Pastoral"

主辦單位

財團法人張榮發基金會

長榮交響樂團



贊助單位



長 榮 海 運 股 份 有 限 公 司



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INFLIGHT WIRELESS INTERNET / 機上無線網路

Panasonic Avionics, our supplier, provides inflight Wi-Fi service on EVA's Boeing 787, 777-300ER, and Airbus A330-300 aircraft.

Should you have any questions about billing, the service, or any other issue, you may:

IF YOU ARE ON THE AIRCRAFT,

Send a message directly to Panasonic's customer service team via Contact Us on the Wi-Fi purchasing page.

IF YOU ARE ON LAND,

- 1. Seek help from service partner staff by sending an email to customercare.tw@panasonic.aero
- 2. Call the customer service center of our service partner at +1-888-4881541 (US toll-free number).

HOW TO CONNECT:

Enable Wi-Fi on your device and connect to "EVA-WiFi", then launch the web browser and access www.evawifi.com.

供應商Panasonic Avionics(松下航空電子)於本公司波音787、 777-300ER與空中巴士A330-300提供機上Wi-Fi服務。

若您有任何問題,可利用下列方式尋求協助:

如果您在飛機上:

藉由Wi-Fi購買頁的「與我聯絡」直接發送訊息給Panasonic的 客服人員。

如果您在地面上:

- 1. 透過電子郵件customercare.tw@panasonic.aero以取得合作廠 商客服人員的協助
- 2. 撥打客服專線+1-888-4881541 (美國地區免付費電話) 或 00801491685(台灣地區免付費電話)向合作廠商的客服 人員取得協助。

簡易上網步驟:

開啟您行動裝置的無線網路Wi-Fi功能並選擇「EVA-WiFi」。接著開啟瀏 覽器, 並輸入www.evawifi.com進入歡迎頁面。

DATA PLAN	INFLIGHT PRICING
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Lite Messaging Plan 30MB	US\$4.95
輕量通訊方案 30MB	4.95美金
Standard Plan 100MB	US\$14.95
標準方案 100MB	14.95美金
Business Plan 300MB	US\$29.95
商務方案 300MB	29.95美金
Ultimate Plan	US\$39.95
串流體驗方案	39.95美金

Important Notice:

- 1. All data plans are limited to use within the flight (restricted by flight number) in which they were purchased.
- 2. Please make sure you TURN OFF auto-update, auto-sync, cloud backup, and location services functions, otherwise your data allowance may be consumed very quickly once you connect to the network.
- 3. If you are unable to use the service, it is recommended that you do
 - preliminary troubleshooting:
 (1) Make sure the device's Wi-Fi is enabled and you are connected to the inflight Wi-Fi.
 - (2) Launch your browser and access www.evawifi.com.
 (3) Click on the FAQ at the bottom of the page and read the "Troubleshooting
 - and Customer Assistance" section.

注意事項:

- 所有方案限購買之當航班(同一班號)內使用。 請關閉應用程式自動更新、雲端備份與同步、衛星定位等功能,以避免連上 Wi-Fi時,您的上網用量迅速耗盡。
- 若您無法連上網路,建議您可先做初步的故障排除
 - (1) 確認您的Wi-Fi功能已開啟,並已連接到機上無線網路。
 - (2) 開啟網路瀏覽器,並輸入www.evawifi.com
 - (3) 點選網頁最下方的常見問答,並從「故障排除與顧客服務」區塊中找尋適用的 故障排除方法。

CHECK-IN/報到服務

To make check-in even more convenient, EVA Air is offering an easier online check-in function: Automated Check-in. You can apply for automated check-in via the EVA website or EVA Mobile app as soon as your reservation is complete; the system will then proceed with check-in and notify you 48 hours before your flight that the procedure is complete. A push notification is available on the EVA Mobile

Passengers can also opt to check in directly through the EVA website or EVA Mobile app from 48 hours to 1 hour before departure. Check in anytime, anywhere!

為提升旅客使用自助報到的便利性,除了班機起飛前48至1小 時可透過長榮航空官網、EVA Mobile App進行報到,也增加「預 約自動報到」服務。

已完成訂位購票的旅客,可於任何時間登入官網、EVA Mobile App進行「預約自動報到」,系統將於起飛前48小時完成自動 報到,並發送完成通知至您指定的電子信箱。使用EVA Mobile App進行預約還有推播通知服務,歡迎多加使用!

ESSENTIAL INFORMATION

For your safety and comfort, please take a moment to read the rules and regulations that apply during your international flight with EVA Air. 為了您的安全與舒適,請閱讀並遵守以下航安規定。

SAFETY MEASURES / 安全

For your personal safety, please return to your seat and fasten your seatbelt whenever the fasten seatbelt sign is illuminated. During takeoff and landing, return your table and seat back to their original upright positions. During landing, please do not stand up provided to the stand still and the fasten seatbelt sign has been standistill and the fasten seatbelt sign has been switched off. Because turbulence is often unpredictable, we strongly recommend that you keep your seatbelt tastened at all times while seated Carryon bagagae should comply with the carry-on bagagae dimensions and weight limit. It must be stowed by yourself in the overhead bin or under the seat in front of you.

For safety reasons, dangerous articles such as these listed below are not permitted aboard the aircraft:

1 Deeply refrigerated, flammable, non-flammable and poisonous gases; oxygen tanks; paint in spray cans; insecticides.

- insecticities. Corrosives (such as mercury which may be contained in thermometers), acids, alkalis and wet-cell batteries.
- contained in thermometers), acids, alkalis and wet-cell batteries.

 Explosives, munitions, fireworks and flares.

 Explosives, but as lighter fuel, paints and thinners; flammable and easily ignitable solids such as matches; substances which on contact with water emit flammable gases.

 Radioactive materials.

 Briefcases and security-type attaché cases with installed alarm devices; or those that incorporate lithium batteries and/or pyrotechnic materials.

 Oxidizing materials such as bleaches and peroxides.

 Poisonous and infectious substances such as insecticides, weed killers and live virus materials.

 Other dangerpus articles such as magnetized materials and offensive or irritating materials.

Interfering with flight deck crew and cabin crew during the course of their duties is an offense.

飛機飛行中,為了您的安全,請注意「鑿緊 旅機旅行中、40 巡り交生。 南洋島 繁奏 安全帶」的信號燈,當燈號亮起時請擊上安全帶,當飛機起飛或降落時,請您暫時將小的青葉小此起並將您的格青醫員一李典報。 東子收起並將您的格青醫員一李典報。 手提行李、必須符合隨身行李與種。 行放置在客艙行李櫃內或是前面的座位下。 此外,由於亂流經常難以預期,我們建議您

就坐時隨時將安全帶擊上。 基於飛航安全,行李內不得攜帶如下所列之

- 金成為加支至 17年13年18年28年7月7月 危險物品: 1 壓縮氣體:如罐裝瓦斯、潛水用氧氣瓶、
- 嚴細無順: 如離接以則、潛水用氧無粗、噴漆、殺蟲劃等。 腐蝕物(劑): 如強酸、強鹼、水銀、鉛 酸電池等。 爆製物: 各類槍械彈藥、煙火、爆竹、照 明彈等。
- 易燃品:如汽柴油等燃料油、火柴、油漆、點火器及相關可燃固體等。
- 放射物品。 具防盜裝置之公事包或小型手提箱。
- 氧化物品:例如漂白劑(水、粉)、工業用雙氧水等。 毒物(劑)及傳染物:如殺蟲劑、除草
- 每初(削) 反傳統初·如椒蝨削、除早劑、濾過性病毒活體等。 其他違禁品:如磁化物類(磁鐵)、具攻擊或刺激之物品(如:刀劍棍棒類、弓箭、防身噴霧器、電擊棒等)。

此外,為了您的安全,請遵守機組員的指 示,干擾飛行組員與空服人員執行任務屬違

ALCOHOLIC BEVERAGE SERVICE / 機艙內酒精飲品

Passengers are not allowed to consume their own alcoholic drinks, including those purchased on board. All passengers may enjoy our complimentary drinks service. EVA Air reserves the right to deny serving alcohol to intoxicated passengers.

乘客於機上不得飲用自行攜帶或於機艙內購 買之酒精飲品,我們將會為機上乘客提供免 費飲品,並保留不再提供飲酒過量之乘客酒 **結**飲料的權利。

REGULATIONS CONCERNING ABUSIVE AND UNRULY

BEHAVIOR / 航機上不當行為之規範

CAA Regulation Article 119-2 A fine from NT\$30,000 to NT\$150,000 will apply to anyone found smoking in any lavatory on board an aircraft aircraft. A fine from NT\$10,000 to NT\$50,000 will apply to

- A fine from NTS10,000 to NTS50,000 will apply to anyone in the following circumstances:

 1 Failure to comply with any instruction given by the pilot-in-command for the purpose of maintaining order and safety on board an aircraft.

 2 Disrupting order on board an aircraft following consumption of alcoholic beverages or alcohol-containing medicines.

 3 Smoking outside a lavatory on board an aircraft.

 4 Tampering with any smoke detector or interfering with safety devices without authorization.

Note: Aviation Police Bureau will issue fines for the above behaviors.

民用航空法第一百十九條之二,於航空器廁所內吸菸者,處新台幣3萬元以上、15萬元以下罰鍰。於航空器上有下列情事之一者,處新台幣1萬元以上、5萬元以下罰鍰:

- 不遵守機長為維護航空器上秩序及安全之 指示。
- 2 使用含酒精飲料或藥物,致危害航空器上 秩序。
- 3 於航空器廁所外之區域吸菸。
- 擅自阻絕偵菸器或無故操作其他安全裝

以上行為由航空警察局處罰之。

REFRIGERATED ITEMS / 攜帶冷藏物品須知

Due to limited refrigeration space on board, EVA Airways is unable to provide a chiller service for personal items such as food, drinks, medication, and breast milk. If you bring refrigerated items on board, please follow the advice given on EVA Airways' official website.

基於航機冷藏存放空間限制,長榮航空在航機上不為旅客冷藏任何物品,包括食品、飲品、藥品、母乳等。若您須攜帶冷藏物品搭機,請您至長榮航空官網查閱詳細資訊。

ONBOARD PHONE AND FAX / 衛星通訊服務

Worldwide telephone communication is available on every EVA Air 8777 and A330 aircraft. Payment can be made by credit craft (American Express, Dinners Club, JCB, MästerCard, VISA and other major cards are all accepted). Simply dial the number on the handset and press 'OK' to connect the call. Please be patient while credit card information is being processed, as this can take 30 to 40 scorols to complete. If you have a construction of the communication services or you wish to apply for a refund, please contact ARINC Customer Support: apd@arinc.com.

本公司在B777與A330客機上備有衛星電話供您使用,並接受American Express、Diners Club、 JCB、Master Card以及VISA等信用卡刷卡付費。 JUS Master Cardux 及VISA等信用下刷下刊資。 括秦和330與BTY字權檢內案令 當您使用座位 旁邊的衛星電話時,則請於撥號後按「OK」 鍵即可。此外,由於信用下確認至通話時間 約需30秒(不超過1分鐘),還請您虧心等 候。若對於機上衛星電話有任何疑問與建 讀,敬語email至ARINC Customer Support:apd@

NO SMOKING / 禁菸

In accordance with ROC law, EVA Air has banned smoking on all flights.

根據中華民國菸害防治法規,為了維護機艙 之空氣品質及飛航安全,長榮航空所有班機 全面禁菸,敬請合作。

INFLIGHT HEALTHCARE / 搭機健康須知

Prolonged leg immobility can cause blood clots to form within the deep veins of the legs. Warning signs are pain and tenderness in the leg muscles and redness and swelling of the skin. If the blood clot moves to the lungs, breathing difficulties can occur. To avoid Deep Vein Thrombosis, we suggest taking the following precautions:

- Drink water and fruit juice frequently. Avoid smoking, alcohol and caffeinated drinks during your
- Wear loose-fitting clothing.
- Try our suggested simple leg exercises during your flight.
- If you think you may be at risk consult your physician before beginning your journey.
- A professional medical kit is available, and all flight attendants are trained in basic first aid. If you feel any discomfort during the flight, please inform your cabin attendant





長時間蹼坐在狭窄空間,容易使得下時血液 難以順暢流動,導致腿部深部靜脈血栓症產生。如要避免,以下是搭機時的一些建議:

- 多喝水及果汁,避免抽菸、喝酒及含咖啡因飲料。
- 穿較寬鬆的衣服。 做適合機上的舒展活動,尤其是腿部肌
- 高危險群旅客,宜在搭機前聽取醫生的 建議。
- 本班機備有醫護專用急救箱,隨機之空 服人員都接受過基本急救訓練,倘若您 感覺不適,請盡速告知空服人員。



REGULATIONS GOVERNING THE USE OF ELECTRONIC DEVICES / 電子用品使用規定

Please be reminded that the use of electronic devices may be restricted according to pircart or declination. Paskengers are exommended to pay identified to reverse a commended to pay identified to reverse and the reverse a

When the antian is ying a common feet:
feet:

On international flights, laptops or devices weighing more than 1.0 kg may be used. Iransmitting devices must be adjusted to non-cellular or 'Airplanel' light mode' with WFF turned off.
On domestic flights, laptops or devices weighing more than 1.0 kg must be stowed in an approved stowage location (in the overhead compartment or under the seat in front of passenger) during flight.

or under the seat in front or passenger) during flight.

4 Wi-Fi and SMS roaming services are provided on certain aircraft equipped with GCS (Global Communication Suite). For details about when and how to use the service, please eiler to entertainment system information on these flights or listen to the inflight announcements.

5 The following devices must remain off at all times during flight: electronic cigarettes, citizen's band radios and walkie-talkies, remote controllers and wireless electronic devices such as radio-controlled wheless electronic devices such as lador-confidence toys; and any other electronic device that may interfere with aircraft equipment including flight navigation and telecommunication systems. Bluebooth devices can be used during all phases of distances.

Hearing aids and pacemakers may be operated

5 Bluefooth devices can be used using as primarilificht.
7 Hearing aids and pacemakers may be operated without restriction.
8 Passengers may carry Medical-Portable Electronic Devices (M-PEDs.), such as Portable Oxygen Concentrators (POCs), Ventilators, Suction Units, and Ambulatory Infusion Pumps. However, these M-PEDs should not exceed carry-on baggage dimensions and weight limits.
9 Passengers who require medical attention and/or special equipment to maintain their health during the flight shall follow EVA General Conditions of Carriage to apply and obtain a medical dearance at least 48 hours prior to the light.
9 Please note that inflight ledetrial power is not guaranteed to be available on all flights and every seal. In the event that power supply is necessary seal. In the event that power supply is necessary seal. In the event that power supply is necessary of the expected maximum flight duration) which are in compliance with ICAO instructions. Spare batteries must be individually protected to prevent short circuit or damage and carried in carry-on baggage only.
9 VIA/ARI is not liable for any injury or harm caused by a passenger attempting to use the power supplies for medical portable electronic devices or by the failure of orbiooral power supplies or any other regulations:
9 Other regulations:
9 Using a pesponal device for voice communication is profibited from door closure until the aircraft has landed and cleared the runway. All devices must be used muted or used with a headset at all times.

1 he flight crew may request that all devices fearthfuling Portable Oxygen Concentrators.

be used muteo or used with a headset at all times.

The flight crew may request that all devices (excluding Portable Oxygen Concentrators accepted by the company) be fully turned off in certain circumstances, such as for poor visibility landings or to reduce interference with aircraft equipment.

提醒您,使用電子用品可能因不同機型或飛 航地區而有不同的限制,請留意空服人員的 廣播及機上安全示配影片之說明。 根據中華昆國民用航空法規定,任何人不得 使用足以干擾航機導航及通訊設備之用品。

使用足以十模机機等机及翅訊放嘴之用品, 違反規定者,得處5年以下有期徒刑,拘役 或新台幣15萬元以下罰金,情節嚴重者,最 高可處無期徒刑。乘客自關閉艙門並經航空 器上工作人員宣布限制使用起至開啟艙門 止,須遵守下列規定:

李置放處(座位下方或上方行李置物櫃)。

種別。 3 當飛行高度高於10,000呎以上時: • 國際線,東客得使用筆記型電腦,或重量在一公斤以上之電子用品。傳輸類電子用品必須關閉語音通話或轉換成「飛

物 僧)。 4 配置 全球 通 訊 系 統 G C S (G I o b a I Communication Suite)之航機,會提供乘客 使用Wi-Fi或手機簡訊漫遊等服務,使用時

使用Wiri或子機簡訊度越手服務,使用時機及相關規定於客艙娛樂系統顯示或請您配合空服人員指示。 全程較異期以下電子用品:電子於 個人電動 经投票 经数据 人如電動 玩具遙控發射機、各類遙控發射器(如電動 玩具遙控器等)、其它任何可能干擾航機 裝備包含導航、通訊等之電子用品。

6 藍牙裝置於飛航全程皆可使用。7 助聽器及心律調整器之使用時機不受限

制。 乘客可自備攜帶式之醫療電子用品於機上 使用,如可攜式之氧氣設備、呼吸器、抽 痰器、攜帶型輸液泵等。上述裝備需符合 随身行字尺寸、重量的規定。 • 乘客如於飛行過程中需要使用醫療器 材,請依限運送條款規定,建議於搭機 就如此數百十二四時之時

前48小時向本公司申請。 長榮航空無法保證所有客機及機上座位 都設有電源插座或所有機上插座都能正 常運作,如您的個人器材有使用電源的 需求,請您務必自備足夠數量(航程時間 需求,請您務必自備足夠數量航程時間 之150%容量份電池且符合國際民用航空 組織(CAD)規範的電池作為備用。備用電 池必須放置在隨身行字且須個別包裝妥 甚以避免短路或損壞。 長榮航空對於乘客因使用機上電源插座 並成可攜式爭醫療器材故障、電源插 法使用或其他相關連順因数受傷或傷害 表,本為任何提集即偿毒死,振客学物

者,不負任何損害賠償責任,乘客若欲使用機內電源,應自行承擔所有風險。

(契付機內电泳)、應日付承擔所有風險。(對別艙門起至航機落地脫離跑道前,禁止以個人電子用品進行語音通話,所有個人電子用品必須設定為靜音或使用耳

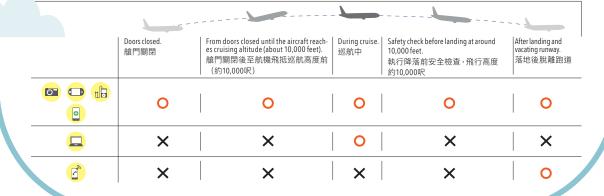
機。 • 機長得隨時視狀況停止乘客使用個人電 子用品(不包含公司已同意收受之可攜 式製氧機),例如於低能見度落地,或 避免航機導航或通訊等系統遭受干擾。



Permitted/可以使用

Not Permitted/禁止使用

USING YOUR PORTABLE ELECTRONIC DEVICE ON AIRCRAFT / 可攜式個人電子用品使用規定







EVA AIR LONG-HAUL ROUTE MAP

長榮航空長程航點圖



The information in these pages is for general reference only For further details, please refer to **www.evaair.com** 航線資料僅供袋老,加重易新資訊譜上網香詞。

ARCTIC OCEAN



EVA / UNI AIR ASIA AREA ROUTE MAP

長榮 / 立榮航空亞洲區域航點圖





EVA CARGO
ROUTE MAP
NORTH AMERICA
北美洲貨機所點圖

UNI AIR SHORT-HAUL ROUTE MAP

立榮航空近程航點圖



Kinmen

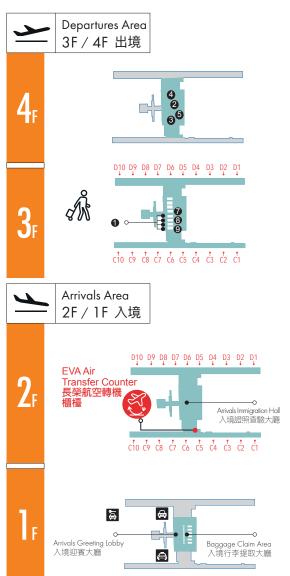
金門 🤎



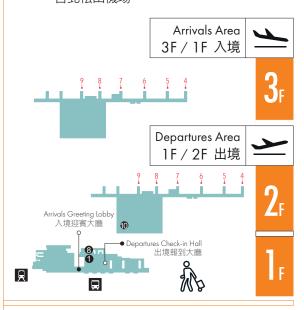
EVA AIR SERVICES AT TAIWAN'S AIRPORTS

長榮航空於台灣各機場服務平面圖



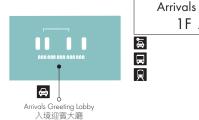


● TAIPEI SONGSHAN AIRPORT (TERMINAL 1) / 台北松山機場



• KAOHSIUNG INTERNATIONAL AIRPORT) /





- ❶ EVA、UNI Air Check-in Counter/長榮、立榮航空報到櫃檯
- ② The Garden VIP Lounge/長榮The Garden貴賓室
- 3 The Star VIP Lounge/長榮The Star貴賓室
- **4** The Infinity VIP Lounge/長榮The Infinity貴賓室
- **5** The Club VIP Lounge/長榮The Club貴賓室
- ⑥ EVA Air Lounge/長榮航空貴賓室
- 7 Hello Kitty Jet Experience Area/長榮航空彩繪機體驗專區
- 8 EVA Air Ticketing Counter/長榮航空票務櫃檯
- EVA Air Group Check-in Counter/長榮航空團體報到櫃檯
- Airport Lounge/機場貴賓室

Bangkok Airport Information

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曼谷機場轉機資訊



ΙF



EVA AIR OVERSEAS DESTINATIONS

長榮航空國際航點距離與時間表

DESTINATIONS | FROM | FLIGHT TIME (HOURS) | DISTANCES (NM) | DISTANCES (N DESTINATIONS | FROM | FLIGHT TIME (HOURS) | DISTANCES (NM) 出發地飛行時間

HK / MACAU / MAINLAND CHINA 港、澳、中國大陸地區

Beijing / Taipei / 02:49 / 1,259

Chengdu Tianfu / Taipei / 03:12 / 1,408

成都天府 / 桃園機場 Chongqing / Songshan / 02:54 / 1,255

Chongqing / Taipei / 02:52 / 1,239

Dalian / Taipei / 02:17 / 962

Fuzhou / Kaohsiung / 01:20 / 527

Fuzhou / Taipei / 01:10 / 458

Guangzhou / Kaohsiung / 01:20 / 525

Guangzhou / Taichung / 01:22 /**550**

Guangzhou / Taipei / 01:30 / 622

Guilin / Taipei / 02:00 / 836 桂林 / 桃園機場

Hangzhou / Kaohsiung / 01:44 / **718**

Hangzhou / Songshan / 01:19 / **528**

Hangzhou / Taipei / 01:19 / 530

Hong Kong / Taipei / 01:21 / 545香港 / 桃園機場

Jinan / Taipei / 02:21 / 993 濟南 / 桃園機場

Macau / Kaohsiung / 01:13 / 469 澳門 / 高雄機場 Macau / Taichung / 01:17 / 510

Macau / Taipei / 01:26 / 583

Nanjing / Taipei / 01:36 / 647

Ningbo / Kaohsiung / 01:37 / 663

寧波 / 高雄機場 Ningbo / Taipei / 01:12 / 476 寧波 / 桃園機場

Qingdao / Taipei / 02:11 / 823

Shanghai (Hongqiao) / Songshan / 01:20 / 533

Shanghai (Pudong) / Kaohsiung / 01:47 / 739

Shanghai (Pudong) / Songshan / 01:23 / 553 上海浦東 / 松山機場

Shanghai (Pudong) / Taipei / 01:22 / 554

Shenyang / Taipei / 02:41 / 1,135

Shenzhen / Taichung / 01:14 / 483

Shenzhen / Taipei / 01:23 / 554

Tianjing / Kaohsiung / 03:09 / 1,354

天津 / 高雄機場 Tianjin / Songshan / 02:45 / 1,170 天津 / 松山機場

Tianjin / Taipei / 02:45 / 1,169

Wuxi / Kaohsiung / 02:07 / 887

無錫/高雄機場 Wuxi/Taichung/01:51/762 無錫/台中機場

Xiamen / Songshan / 01:19 / 526 廈門 / 松山機場

Xi'an / Taipei / 03:37 / 1,570 西安/桃園機場

Zhengzhou / Taipei / 02:23 / 1,009 鄭州/桃園機場

NORTHEAST ASIA 東北亞地區

Fukuoka / Kaohsiung / 02:11 / **923** 福岡/高雄機場

Fukuoka / Taipei / 01:49 / 766

Komatsu / Taipei / 02:22 / 1,014

Matsuyama / Taipei / 01:52 / 782 松山 / 桃園機場 Okinawa / Taipei / 01:02 / 392

Osaka / Kaohsiung / 02:27 / 1,047

Osaka / Taipei / 02:03 / 879 大阪 / 桃園機場

Sapporo / Taipei / 03:14 / 1,410 札幌 / 桃園機場

Sendai / Taipei / 02:47 / 1,196

Seoul (Gimpo) / Songshan / 02:01 / 844 首爾金浦/

Seoul (Incheon) / Kaohsiung / 02:26 / 1,031 Seoul (Incheon) / Taichung / 02:09 / 903

Seoul (Incheon) / Taipei / 02:00 / 848

首爾仁川 / 桃 Tokyo (Haneda) / Songshan / 02:33 / 1,096

Tokyo (Narita) / Kaohsiung / 03:05 / 1,329

Tokyo (Narita) / Taipei / 02:40 / 1,180 東京成田 / 桃園機場

AUSTRALIA 大洋洲地區

Brisbane / Taipei / 08:12 / **3,848** 布里斯本 / 桃園機場

SOUTHEAST ASIA 東南亞地區

Bangkok / Taipei / 03:18 / 1,500

Cebu / Taipei / 02:25 / 1,047 宿霧/桃園機場

Chiang Mai / Taipei / 03:34 / 1,576

清邁 / 桃園機場 Clark / Taipei / 01:41 / 690 克拉克 / 桃園機場 Da Nang / Taipei / 02:30 / 1,058

峴港 / 桃園機場

Denpasar Bali / Taipei / 04:55 / **2,220** 峇里島 / 桃園機場

Hanoi / Taipei / 02:42 / 1,176 河内 / 桃園機場 Ho Chi Minh City / Taipei / 03:03 / 1,370

胡志明市 / 桃園

Jakarta / Taipei / 04:54 / **2,245** 雅加達 / 桃園機場

Kuala Lumpur / Taipei / 04:15 / 1,923 吉隆坡 / 桃園機場 Manila / Taipei / 01:44 / 730

馬尼拉 / 桃園機場 Phnom Penh / Taipei / 03:10 / 1,378

金邊 / 桃園機場 Singapore / Taipei / 04:01 / 1,847 新加坡 / 桃園機場

EUROPE 歐洲地區

Amsterdam / Bangkok / 11:58 / **5,726** 阿姆斯特丹 / 曼谷機場

Amsterdam / Taipei / 13:29 / 6,538 阿姆斯特丹 / 桃園機場

London / Bangkok / 12:17 / 5,876

倫敦 / 曼合機場 London / Taipei / 14:09 / 6,809 倫敦 / 桃園機場 Milan / Taipei / 14:02 / 6,776

米蘭/桃園機場

Munich / Taipei / 13:52 / 6,708 慕尼黑 / 桃園機場 Paris / Taipei / 13:08 / 6,231

巴黎 / 桃園機場 Vienna / Bangkok / 10:48 / 5,180

維也納/曼谷機場

Vienna / Taipei / 13:19 / 6,445 維也納 / 桃園機場

NORTH AMERICA 北美洲地區

Chicago / Taipei / 13:11 / 6,241 芝加哥 / 桃園機場 Houston / Taipei / 13:16 / 6,342 休士頓 / 桃園機場 Los Angeles / Taipei / 11:18 / 5,367

New York / Taipei / 14:04 / 6,625 紐約 / 桃園機場

San Francisco / Taipei / 10:44 / 5,096 舊金山 / 桃園機場

Seattle / Taipei / 10:19 / 4,887 西雅圖 / 桃園機場

Toronto / Taipei / 13:20 / 6,348

Vancouver / Taipei / 10:09 / 4,808 溫哥華 / 桃園機場





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FLEET FACTS

機隊介紹

342 PASSENGERS

787-10

No. of aircraft 架數: 12 Classes 艙等: 2 (C:34/Y:308) Seat pitch 各艙等椅距: 76"/31"~32"



304 PASSENGERS

787-9

No. of aircraft 架數: 4 Classes 艙等: 2 (C:26/Y:278) Seat pitch 各艙等椅距: 76"/31"~32"



323 /333 /353 PASSENGERS

777-300ER

No. of aircraft 架數: 33 (323-12架, 333-11架, 353-10架) Classes 艙等: 3 (C:38, 39/PE:64,56/Y:221,238,258)

Seat pitch 各艙等椅距: 2m/38"/32"~33"



309 PASSENGERS

A330-300

No. of aircraft 架數: 9 Classes 艙等: 2 (C:30/Y:279) Seat pitch 各艙等椅距: 60"~62"/31"~32"



184 PASSENGERS

A321-200

No. of aircraft 架數: 17 Classes 艙等: 2 (C:8/Y:176) Seat pitch 各艙等椅距: 45"/31"~32"



CARGO

777F

No. of aircraft 架數: 9



C: Royal Laurel Class 皇璽桂冠艙 / Premium Laurel Class 桂冠艙 / Business Class 商務艙 PE: Premium Economy Class 豪華經濟艙 Y: Economy Class 經濟艙